

**RAJEEV GANDHI GOVT. POST GRADUATE COLLEGE,
AMBIKAPUR (C.G.)**



**UNDER GRADUATE COURSE IN
PSYCHOLOGY
(UNDER NEP 2020)**

BASED ON UGC MODEL CURRICULUM

**BACHLOR OF ARTS
PSYCHOLOGY(HONOURS)**

2024-25

**SEMESTER I,II,III,IV,V&VI
(DSC,DSCE,GE,SEC & VAC)**

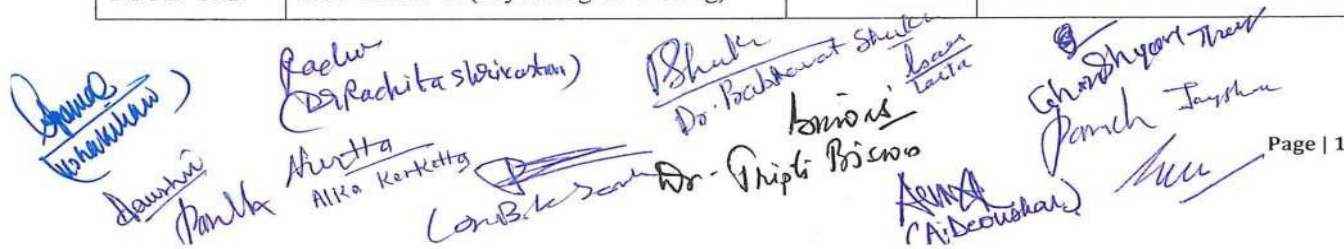
FOUR YEAR UNDERGRADUATE PROGRAM (NEP-2020)

Program: Bachelor in Arts (2024 -28)

DISCIPLINE – PSYCHOLOGY

Session – 2024 -25

DISCIPLINE SPECIFIC COURSE DSC- 01 TO 08		DISCIPLINE ELECTIVEC COURSE (DSE)- 01 TO 12	
CODE	TITLE	CODE	TITLE
PSSC-01T	Introduction To Psychology	PSSE -01T	Applied Cognitive Psychology
PSSC-01P	Lab. Course -1 (Experiment and Activity)	PSSE -01P	Lab. Course -1(Experiment and Activity)
PSSC-02T	Psychopathology	PSSE -02T	Positive Psychology
PSSC-02P	Lab. Course -2 (Psychological Testing)	PSSE -02P	Lab. Course -2(Psychological Testing)
PSSC-03T	Foundation of Social Psychology	PSSE -03T	Sports And Exercise Psychology
PSSC-03P	Lab. Course -3t(Experiment and Activity)	PSSE -03P	Lab. Course -3 (Activity)
PSSC-04T	Psychological Assessment	PSSE -04T	Psychology of Health And Yoga
PSSC-04P	Lab. Course -4 (Psychological Testing)	PSSE -04P	Lab. Course -4 (Activity)
PSSC-05T	Quantitative Data Analysis	PSSE -05T	Educational Psychology
PSSC-05P	Lab. Course -5 (Activity)	PSSE -05P	Lab. Course -5 (Activity)
PSSC-06T	Personality Psychology	PSSE -06T	Community Psychology
PSSC-06P	Lab. Course -6 (Activity)	PSSE -06P	Lab. Course -6 (Activity)
PSSC-07T	Human Development	PSSE -07T	Fundamentals of Clinical Psychology- I
PSSC-07P	Lab. Course -7 (Activity)	PSSE -07P	Lab. Course -7 (Activity)
PSSC-08T	Fundamentals Of Counseling	PSSE -08T	Human Resource Management
PSSC-08P	Lab. Course -8 (Activity)	PSSE -08P	Lab. Course -8 (Activity)
		PSSE -09T	Forensic Psychology
		PSSE -09P	Lab. Course -9 (Activity)
		PSSE -10T	Environmental Psychology
		PSSE -10P	Lab. Course -10 (Activity)
		PSSE -11T	Fundamentals Of Clinical Psychology- II
		PSSE -11P	Lab. Course -11 (Activity)
		PSSE -12T	Organizational Psychology
		PSSE -12P	Lab. Course -12 (Activity)
GE – 01&02		VAC	
PSGE- 01T	Introduction To Psychology	PSVAC-01	Stress Management
PSGE- 01P	Lab. Course -1 (Experiment and Activity)	SEC	
PSGE- 02T	Psychopathology	PSSEC-01	Statistical Package for Science & Social Science(Excel, SPSS)
PSGE- 02P	Lab. Course -2 (Psychological Testing)		



 (Shankar) (Vishwakarma) (Dhanraj) (Pankaj) (Rachita Shivastava) (Alka Kerketta) (Laxmi) (Dr. Dimple Biswas) (Shankar) (Dr. Prabhakar Shukla) (Anita) (Laxmi) (Ghanshyam Thakur) (Pankaj Jaiswal) (Anita) (A. Deoushkar)

Pos05: They have a fair knowledge of Psychology course to take on high studies and research.

Program Specific Outcomes -

PS01: To able to describe and explain human behavior through deep understanding of its theories and approaches. Students would be equipped with foundation skills needed to be a psychologist.

PSO2- To relate one's behavior to its socio-cultural content students would have knowledge to pursue higher education in Psychology.

P503. To operationalize the concepts of behavior in the lab and real-life situations: students would be able to analyze and resolve psychological issue faced by self and others.

PS04: To develop and acquire "skills of psychological Assessment.

PS05. To be able to progress on the path of higher studies, psychological services and research.

Four-Year Undergraduate Program (2024-2028)

Department of Psychology

Course curriculum

Degree Course

Program Outcomes (PO)-B.A. Psychology

PO 1 Critical Thinking: Take informed actions after identifying the assumptions that frame our thinking and actions, checking out the degree to which these assumptions are accurate and valid, and looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives.

PO 2 Effective Communication: Speak, read, write and listen clearly in person and through electronic media in English and in one Indian language, and make meaning of the world by connecting people, ideas, books, media and technology.

PO 3 Social Interaction: Elicit views of others, mediate disagreements and help reach conclusions in group settings.

PO 4 Effective Citizenship: Demonstrate empathetic social concern and equity centered national development, and the ability to act with an informed awareness of issues and participate in civic life through volunteering.

PO 5 Ethics: Recognize different value systems including your own, understand the moral dimensions of your decisions, and accept responsibility for them.

PO 6 Environment and Sustainability: Understand the issues of environmental contexts and sustainable development.

PO 7 Self-directed and Life-long Learning: Acquire the ability to engage in independent and life-long learning in the broadest context socio-technological changes

Program Specific Outcomes (PSO)-B.A. Psychology

PSO 1 Knowledge of basic concepts of Psychology: To impart knowledge and understanding of the basic concepts, systems, theories of psychology and psychopathology.

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PSO 2 Practical application Skills: An ability to apply the theoretical principles of Psychology demonstrating an understanding of behavior, thoughts, and feelings of the individual and the individual in group settings

PSO 3 Assessment skills: Basic professional skills pertaining to psychological testing, assessment and counseling.

PSO 4 Multicultural competence: To recognize, understand, and respect the complexity of multiculturalism in the practice and application of counseling and psychotherapy.

Four-Year Undergraduate Program (2024-2028)
Department of Psychology
Course curriculum
Honors Course

Program Outcomes (PO)-B.A. Psychology

PO 1: Students will learn scientific methods, basic psychological processes and perspectives in Psychology

PO 2: Students will develop skills to live in the social world by understanding psycho aspects of various social phenomena, errors in interaction and theoretical approaches of behavior.

PO 3: Students will be equipped with skills to identify and diagnose mental disorders causal and appropriate treatment of different disorders.

PO 4: Skilful to identify strategies to Manage organizations more effectively and will be in topics like Leadership, Motivation, Power, Conflict, Negotiation, etc.

PO 5: Gain familiarity with skills of observation and scientific reporting in psychology; training, planning and conducting a psychological experiment.

PO 6: Equipped with theoretical knowledge, approaches and issues of counseling.

PO 7: Acquaint with different mental health problems of children and elderly through internship.

PO 8: Familiar with psychological instruments and tools and developed the ability to und self and others.

PO 9: Familiar with biological basis of behavior and basic statistical methods psychological research.

PO 10: Student will have theoretical knowledge on the process and nature of child development.

PO 11: Develop basic skills in conducting scientific research

Program Specific Outcomes (PO)-B.A. Psychology

PSO1: Student of Advance Course of Psychology to grow in sensitivity, sympathy and empathy towards others.

PSO2: Students are Learn to work in a team and develop leadership qualities, accept and respect individual differences and work with responsibility and Commitment.

PSD3: Students also develop an understanding about inclusive education and its benefits through the social outcome Outreach Program.

PSO 4: Students are encouraged to conduct short empirical and archival researches so that they develop an understanding about application of statistics and research methodology.

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PS05: Students are trained to present papers in Seminars and also get the research paper Published in reputed journals.

PS06: Students gather exhaustive Knowledge in different areas pertaining to psychology. It helps student to get an understanding, about the practical applications, implications and generalizations about the different aspects of the Subject from book to goal life situations.

PS07: with extensive field community and hospital settings the program would make the candidate competent to deal with patients and other needy people.

PS08: Through supervised training the candidate would have acquired professional skill to go for ethical and responsible practice.

PS09: The program would have turned them an empathetic individual working to enhance the happiness and well-being.

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S. S. S.
R. S. S.
M. S. S.
K. S. S.
P. S. S.

A. S. S.
M. S. S.
P. S. S.
S. S. S.

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester-I	Session:2024-2025
1	Course Code	PSSC-01T	
2	Course Title	Introduction to Psychology	
3	Course Type	Discipline Specific Course (DSC)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<p>After the completion of course, the students will have ability to:</p> <ul style="list-style-type: none"> ➤ Learning what psychology is all about. ➤ Appreciation of the scope and the field of psychology. ➤ Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, thinking, emotion, motivation and human biological system including brain ➤ Developing familiarity with individual level phenomenon such as intelligence, and personality. 	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max.Marks:100	Min Passing Marks:40
PART-B: Content of the Course			
Total No. of Learning-Training (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics (Course contents)		No. of Period
I	Introduction: 1.1 Nature of Psychology: Definition, Fields of Psychology, Introduction to schools of modern psychology 1.2 Psychology in India: History and current status 1.3 Methods of psychology: Introspection, Observation, Experiment and Interview 1.4 Biological basis of human behavior: Nervous System and Glands		12
II	Learning, Memory and Perception 2.1 Learning: Classical conditioning, instrumental learning, Observational learning (socio-cognitive learning); 2.2 Memory: Models of memory: Information processing model (Sensory register, STM, LTM and concept of working memory) 2.3 Reconstructive nature of memory; Forgetting, Nature and interfering theory		11
III	Motivation & Emotion 3.1 Approaches to understand Motivation; Maslow and Arousal theory 3.2 Types of Motives (Biological and Social) 3.3 Emotion ; Nature and type		11

Shukla

Pankaj
Das

Ravi
Mishra

Arvind
Das

Sanjay

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	3.4 Emotional Intelligence and Gender	
IV	Individual differences: Personality and Intelligence 4.1 Nature of Personality and Intelligence 4.2 Personality: Theories Nature concept, Big Five Personality Traits 4.3 Intelligence: Theories (Spearman, Thurston)	11
Keywords	<i>Nervous system ,Motivation, Emotion, Learning, Memory ,Perception, Emotional Intelligence, Personality ,Intelligence</i>	

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

1. Mangal, S.K. (2016), General Psychology first edition, Sterling
2. Shrivastav , D.N. (2012), General Psychology first edition, Agrawal Publications , Sanjay Nagar, Agra
3. Shrivastav , D.N. and Verma Preeti (2018-19), Adhunik Samanya Manovigyan, Agrawal Publications , Sanjay Nagar, Agra
4. Singh , A.K. (2015-16), Adhunik Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
5. Singh , A.K. (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
6. Ajimurahmaan (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
7. Baron, R.& Misra. G.(2014) *Introduction to Psychology*. New Delhi: Pearson
8. Ciccarelli,S.K.&White,J.N.&Misra,G.(2018).*Psychology*.NewDelhi:Pearson Education.
9. Morgan, CT.,King, R., Weisz,J.& Schopler,J.(2017).*Introduction to Psychology*(7thEd). McGraw Hills.
10. Panel Gullybabacom, General Psychology, Gullybaba Publishing House Pvt. Ltd

Reference Books Recommended

1. Holt,N.,Bremner,A.,Sutherland,E.,Vliek,M.andPasser,M.,&Smith,R.(2015). Psychology: The Science of Mind and Behaviour. London: Tata McGraw-Hill
2. Banyard, P., Davies , M. N.O., Norman, C. & Winder, B. (Eds.) (2010).Essential psychology. New Delhi: SAGE Publications

Online Resources–

e-Resources/e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- youtube

Online Resources–

e-Resources/e-books and e-learning portals

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

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Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks:	100 Marks	
Continuous Internal Assessment (CIA):	30 Marks	
End Semester Exam (ESE):	70 Marks	
Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:












FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM


PART-A: Introduction			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester– I	Session:2024-2025
1	Course Code	PSSC-01P	
2	Course Title	Lab Course -1 (Experiment &Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> ➤ Concept clarification ➤ Applicability of skill development ➤ Develop analytical thinking 	
6	Credit Value	01 Credit	Credit =30 Hours Laboratory or Field learning/Training
7	Total Marks	Max.Marks:50	Min Passing Marks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Experiment	Topics		No. of Period
1	Effect of set on Perception		30
2	Learning Curve/ Serial Position Curve		
3	Short Term Memory		
4	Retroactive Inhibition		
Activity	<p>The rumor chain game is a very simple illustration of the reconstructive nature of long-term memory and the role of schemas (e.g. gender role expectations and prejudices) in this process. a story that is short enough to allow retelling several times in class, but detailed enough that students are unlikely to remember all aspects of it. Send a few participants out of the room. The student reads aloud a short story to the one participant in the room. She is required to repeat the story to the new participant who is brought about. This newcomer will repeat it to the next participant who is invited to the room and so on. This continues until the last student who hears the story repeats it to the class. The student observes how the story has under gone change and the reconstructive nature of memory.</p>		
Keywords	Rumor Chain, Perception, Learning, Memory, Retroactive Inhibition		

PART-C		
Learning Resources: Text Books, Reference Books and Others		
Text Books Recommended		
<ol style="list-style-type: none"> 1. Shrivastav, D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan, Agrawal Publications , Sanjay Nagar, Agra 2. Woodworth, R.S. & Schlosberg, H. (1954). Experimental Psychology Oxford & IBH Publishing company Pvt. Ltd., New Delhi 		
Online Resources-		
e-Resources/e-books and e-learning portals		
<ul style="list-style-type: none"> ➤ Swayam Central https://swayam.gov.in ➤ youtube 		
Online Resources-		
e-Resources/e-books and e-learning portals		
<ul style="list-style-type: none"> ➤ https://egyankosh.ac.in/ ➤ https://epgp.inflibnet.ac.in/Home ➤ https://ndl.iitkgp.ac.in/homestudy/humanities 		
Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 50 Marks		
Continuous Internal Assessment (CIA): 15 Marks		
End Semester Exam (ESE): 35 Marks		
Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar + Attendance - 05	
	Total Marks- 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Experiment)- 20	
	B. Spotting based on tools & technology (written) (Report writing)- 10	
	C. Viva-voce (based on principle/technology) - 05	
	Total Marks- 35	

Name and Signature of Convener & Members of CBoS:

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester– II	Session:2024-2025
1	Course Code	PSSC-02T	
2	Course Title	Psychology of Disorders	
3	Course Type	Discipline Specific Course (DSC)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> ➤ Establish the criteria of Normality and Abnormality. ➤ Learns about the Models of Psychopathology. ➤ Get equipped with Assessment of Psychopathology. ➤ Acquire the general idea of Anxiety Disorders and Obesity. ➤ Know the facts about Mood Disorders, & Personality Disorders. 	
6	Credit Value	03 Credit	(Credit=15Hours-learning&Observation)
7	Total Marks	Max.Marks:100	Min Passing Marks:40
PART-B: Content of the Course			
Total No. of Teaching–learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics(Course contents)		No. of Period
I	Psychopathology 1.1 The concept and criterion of Normality and Abnormality 1.2 Models of Psychopathology; Psychodynamic, Behavioral and Cognitive		12
II	Assessment of Psychopathology 2.1 Diagnostic Test ; Intelligence Test 2.2 Personality Test; MMPI and EPI		11
III	Anxiety 3.1 Anxiety Disorders ; 3.2 Panic Disorders; 3.3 Phobia-; 3.4 Obsessive-Compulsive Disorder (OCD) ; (NATURE,CAUSES ,SYMPTOMS AND TREATMENT)		11
IV	Mood and Personality Disorders 4.1 Depression, Manic Depressive Episode 4.2 Schizoid Personality Disorder and Paranoid Personality Disorder		11
Keywords	<i>Normality, Abnormality, Diagnosis, Anxiety Disorder, Mood disorder and Personality disorder</i>		

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Rachita
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Anvika
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PART-C
Learning Resources: Text Books, Reference Books and Others
Text Books Recommended
<ol style="list-style-type: none"> 1. Mangal, S.K. (2020), Abnormal Psychology, Sterling Publishers Pvt. Ltd 2. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y. 3. Bennett, P.(2011), Abnormal and Clinical Psychology, An Introductory textbook, McGraw-Hill 4. G. Sarason Irwin & R. Sarason Barbara,(2017) Abnormal Psychology, Pearson Education 5. Singh, L. & Tiwari, G. (2020) – Asamanya Manovigyan, Agara Vinod Pustak, Bhandar. 6. Singh, A.K. (2016)–Aadhunik Asamanya Manovigyan. Motilal Banarsidas , Delhi
Reference Books Recommended
<ol style="list-style-type: none"> 1. Buss, A.H. (1999) – Psychopathology N.Y .John Wilcy 2. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson
Online Resources–
e-Resources/e-books and e-learning portals
<ul style="list-style-type: none"> ➤ Swayam Central https://swayam.gov.in ➤ Youtube
Online Resources–
e-Resources/e-books and e-learning portals
<ul style="list-style-type: none"> ➤ https://egyankosh.ac.in/handle/123456789/4448 ➤ https://epgp.inflibnet.ac.in/Home ➤ https://ndl.iitkgp.ac.in/homestudy/humanities

Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks:	100 Marks	
Continuous Internal Assessment (CIA):	30 Marks	
End Semester Exam (ESE):	70 Marks	
Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks	

Name and Signature of Convener & Members of CBoS:

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors))		Semester– II	Session:2024-2025
1	Course Code	PSSC-02P	
2	Course Title	Lab Course -2 (Psychological Testing)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will develop :</i> ➤ Assessment Ability ➤ Understanding of Psychological Test	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50	MinPassingMarks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Test	Topics(Course contents)	No. of Period	
1	Anxiety Test	30	
2	Big Five Personality test		
3	Depression Test		
4	Intelligence Test		
Keywords	<i>Assessment, Psychological Tests, Anxiety, Depression, Intelligence, Personality</i>		

PART-C	
Learning Resources: Text Books, Reference Books and Others	
Text Books Recommended	
1. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y. 2. Buss, A.H. (1999) – Psychopathology N.Y. John Wilcy 3. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson 4. Shrivastav , D.N. and Verma Preeti (2014-15), Adhunik Prayogtmak Manovigyan Agrawal Publications , Sanjay Nagar, Agra	
Online Resources–	
e-Resources/e-books and e-learning portals	
Swayam Central ➤ https://swayam.gov.in ➤ https://egyankosh.ac.in/handle/123456789/4448	

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Online Resources–**e-Resources/e-books and e-learning portals**

- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 50 Marks		
Continuous Internal Assessment (CIA): 15 Marks		
End Semester Exam (ESE): 35 Marks		
Internal Assessment:	Internal Test/ Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar + Attendance - 05	
	Total Marks - 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Test)-	20
	B. Spotting based on tools & technology (written) (Report writing)-	10
	C. Viva-voce (based on principle/technology) -	05
	Total Marks-	35

Name and Signature of Convener & Members of CBoS:



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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Diploma/Degree/Honors)		Semester– III	Session:2024-2025
1	Course Code	PSSC-03T	
2	Course Title	Foundation of Social Psychology	
3	Course Type	Discipline Specific Course (DSC)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<p><i>After the completion of course, the students will have ability to:</i></p> <ul style="list-style-type: none"> ➤ <i>Understanding the basic social psychological concepts and familiarize with relevant methods.</i> ➤ <i>Understanding the applications of social psychology to social issues like gender, environment, health, intergroup conflicts, etc.</i> ➤ <i>Developing skills pertaining to mapping of social reality and</i> ➤ <i>Understanding how people evaluate social situations.</i> ➤ <i>Familiarizing with the concepts of social affect and affective</i> ➤ <i>Processes including people's harming and helping behaviors.</i> 	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max.Marks:100	Min Passing Marks:40
PART-B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics(Course contents)		No. of Period
I	Introduction 1.1 Definition and nature of social psychology 1.2 Methods of social psychology: Sociometry and Focus Group Discussion 1.3 Applications of social psychology: Intergroup conflicts & Influence of social media		12
II	Social Cognition and Attitudes 2.1 Perceiving self and others: Self-concept and self-esteem, Impression formation, Impression Management. 2.2 Attitudes: Nature and measurement, attitude change		11
III	Affective Processes in Social Context: 3.1 Social affects (concepts of guilt, shame, envy, gratitude, forgiveness & compassion) 3.2 Pro-social behavior 3.3 Aggression and social violence		11
IV	Group Processes and Collective Behavior: 4.1 Group: Nature and group formation 4.2 Group and performance: Social facilitation, Social loafing and social conformity		11

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	4.3 Leadership: Qualities of Leaders and types of Leadership: Democratic, Autocratic and Laissez-Faire.	
Keywords	<i>Social psychology, Sociometry, Focus group discussion, Pro social behavior, Aggression Social violence, Group process, Collective behavior</i>	

PART-C
Learning Resources: Text Books, Reference Books and Others
<p>Text Books Recommended</p> <ol style="list-style-type: none"> 1. Baron, R. A., Byrne, D., & Bhardwaj, G. (2010). Social psychology (12th Ed.). New Delhi, India: Pearson. 2. Branscombe, N.R. & Baron, R. A., (2017) Social Psychology (14th Ed.) New Delhi, India: Pearson. 3. Singh, A.K. (2021) Samaj Manovigyan ki Ruprekha (12th Ed.) Motilal Banarsidas INT. Delhi. 4. Suleman, Md. (2014) Uchattar Samaj Manovigyan Motilal Banarsidas INT. Delhi. 5. Tripathi, L.B. (2016) Ahunik Samaj Manovigyan (4th Ed.) Pawan Printers, Agra <p>Reference Books Recommended</p> <ol style="list-style-type: none"> 1. Hogg, M. A., & Vaughan, G. M. (2005). Social psychology. Harlow: Pearson Prentice Hall. 2. Husain, A. (2012). Social psychology. New Delhi, India: Pearson. 3. Myers, D. G. (2008). Social psychology. New Delhi, India: Tata McGraw-Hill. 4. Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social psychology (12th Ed.). New Delhi, India: Pearson <p>Online Resources– e-Resources/e-books and e-learning portals</p> <ul style="list-style-type: none"> ➤ Swayam Central https://swayam.gov.in ➤ youtube <p>Online Resources– e-Resources/e-books and e-learning portals</p> <ul style="list-style-type: none"> ➤ https://egyankosh.ac.in/handle/123456789/4448 ➤ https://epgp.inflibnet.ac.in/Home ➤ https://ndl.iitkgp.ac.in/homestudy/humanities

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Anurag
Saurabh
Ravi
Akshay
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Surya

Arjun
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Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 100 Marks		
Continuous Internal Assessment (CIA): 30 Marks		
End Semester Exam (ESE): 70 Marks		
Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:



 The image shows several handwritten signatures in blue ink. On the left side, there are five signatures stacked vertically. On the right side, there are three signatures, with the top one having a checkmark next to it. The signatures are written in a cursive style.

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Diploma/Degree/Honors)		Semester- III	Session:2024-2025
1	Course Code	PSSC-03P	
2	Course Title	Lab Course -3 (Experiment and Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<i>After the completion of course, the students will have ability of:</i> <ul style="list-style-type: none"> ➤ <i>Concept clarification</i> ➤ <i>Applicability skill development</i> ➤ <i>Development of analytical thinking</i> 	
6	Credit Value	01 Credit	<i>(Credit= 30Hrs for Practices/Field work)</i>
7	Total Marks	Max.Marks:50	Min Passing Marks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Experiment	Topics(Course contents)		No. of Period
1	Effect of Order of Information on Person-Perception		30
2	Social Facilitation		
3	Effect of Leadership on Performance		
4	Effect of Group on Decision Making		
Activity	(ANY ONE) <ol style="list-style-type: none"> 1. To study Bystander Effect: Using actor and confederates to see how children standing outside the canteen/ garden of college respond to the actor fainting. Behavioral response as well as the time taken by children in responding to the “fainting” actor is recorded and analyzed. 2. Analysis of News in National daily’s (Newspapers in Hindi, English and other languages), identifying news of unethical/immoral incidents, making a list of incidents for a month, then classifying it according to types of incidents and also analyzing underlying values and bases of moral behavior, and the kind of social problem associated with it. 		
Keywords	<i>Bystander Effect, News Analysis, Person-Perception, Social Facilitation, Leadership, Decision Making</i>		

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PART-C		
Learning Resources: Text Books, Reference Books and Others		
Text Books Recommended		
1. Shrivastav, D.N. and Verma Preeti Adhunik Prayogatmak Manovigyan (2014-15) Agrawal Publications , Sanjay Nagar, Agra		
2. Woodworth, R.S. & Schlosberg, H Experimental Psychology (1954) Oxford & IBH Publishing company Pvt. Ltd., New Delhi		
Online Resources-		
e-Resources/e-books and e-learning portals		
➤ Swayam Central		
https://swayam.gov.in		
➤ youtube		
Online Resources-		
e-Resources/e-books and e-learning portals		
➤ https://egyankosh.ac.in/handle/123456789/4448		
➤ https://epgp.inflibnet.ac.in/Home		
➤ https://ndl.iitkgp.ac.in/homestudy/humanities		
Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 50 Marks		
Continuous Internal Assessment (CIA): 15 Marks		
End Semester Exam (ESE): 35 Marks		
Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar + Attendance - 05	
	Total Marks- 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Experiment)- 20	
	B. Spotting based on tools & technology (written) (Report writing)- 10	
	C. Viva-voce (based on principle/technology) - 05	
	Total Marks- 35	

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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction		
Program: Bachelor in Arts (Diploma/Degree/Honors)		Semester– III
		Session:2024-2025
1	Course Code	PSSE-01T
2	Course Title	Applied Cognitive Psychology
3	Course Type	Discipline Elective Course (DSE)
4	Pre-requisite(if, any)	As per program
5	Course Learning Outcomes(CLO)	<p>After the completion of course, the students will have ability to:</p> <ul style="list-style-type: none"> ➤ Developing an appreciation of how Cognitive Psychology principles can be applied to real life settings and to understand the nature and scope of Applied Cognitive Psychology. ➤ Knowing how to apply principles of cognitive psychology to issues related to face identification. ➤ Understanding the applications of research based on perception and memory to real life settings ➤ Developing an understanding of cognitive psychology applications in the area of technology.
6	Credit Value	03 Credit Credit = 15 Hours - learning & Observation
7	Total Marks	Max.Marks:100 MinPassingMarks:40
PART-B: Content of the Course		
Total No. of Teaching–learning Periods (01 Hr. per period) - 45 Periods (45 Hours)		
Unit	Topics(Course contents)	No. of Period
I	Introduction 1.1 Applied Cognitive Psychology: Nature, Scope, and History. 1.2 Emergence of modern cognitive psychology 1.3 Methods of studying applied cognitive psychology (experiment and case study)	12
II	Perception and Attention: 2.1 Perception : Top- Down, Bottom- Up Process, and Size constancy 2.2 Attention: Nature, Types and Determinants	11
III	Thinking and Problem Solving 3.1 Thinking – Nature, Type, 3.2 Tools – Sign, Symbol and Language 3.3 Problem Solving – Nature and Steps	11
IV	Psychology and Technology: 4.1 Human-Computer Interaction, 4.2 Psychological applications of Virtual Reality, 4.3 Psychology of Artificial Intelligence.	11
Keywords	Applied Cognitive Psychology, Attention, Perception, Thinking, Problem-Solving,	

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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Diploma/Degree/Honors)		Semester– III	Session:2024-2025
1	Course Code	PSSE-01P	
2	Course Title	Lab Course -1 (Experiment and Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> ➤ <i>Learn the experimental concept of attention</i> ➤ <i>Learn the experimental concept of perception and problem solving</i> ➤ <i>Understanding the use of AI in learning</i>	
6	Credit Value	01 Credit	<i>(Credit= 30Hrs for Practices /Field work)</i>
7	Total Marks	Max.Marks:50	MinPassingMarks:20
PART-B: Content of the Course			
Total No. of learning-Training/performance Periods: 30 Periods (30 Hours)			
Experiment	Topics(Course contents)		No. of Period
1	Division Of Attention		30
2	Size Constancy		
3	Problem Solving Check List		
4	Concept Formation		
Activity-	Uses of AI in Teaching Learning Process		
Keywords	Attention, Size Constancy Problem Solving, Concept Formation, Artificial Intelligence		

PART-C	
Learning Resources: Text Books, Reference Books and Others	
Text Books Recommended	
1. Shrivastav , D.N. and Verma Preeti Adhunik Prayogatmak Manovigyan (2014-15) Agrawal Publications , Sanjay Nagar, Agra	
2. Woodworth, R.S. & Schlosberg, H Experimental Psychology (1954) Oxford & IBH Publishing company Pvt. Ltd., New Delhi	
Online Resources-	
e-Resources/e-books and e-learning portals	
➤ Swayam Central	
https://swayam.gov.in	
➤ youtube	

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Online Resources–		
e-Resources/e-books and e-learning portals		
➤ https://egyankosh.ac.in/handle/123456789/4448		
➤ https://epgp.inflibnet.ac.in/Home		
➤ https://ndl.iitkgp.ac.in/homestudy/humanities		
Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 50 Marks		
Continuous Internal Assessment (CIA): 15 Marks		
End Semester Exam (ESE): 35 Marks		
Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar + Attendance - 05	
	Total Marks- 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Experiment)-	20
	B. Spotting based on tools & technology (written) (Report writing)–	10
	C. Viva-voce (based on principle/technology) -	05
	Total Marks-	35

Name and Signature of Convener & Members of CBoS:



 Shukla
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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)

DEPARTMENT OF PSYCHOLOGY

COURSE CURRICULUM

PART-A:		Introduction	
Program: Bachelor in Arts (Diploma/Degree/Honors)		Semester– IV	Session:2024-2025
1	Course Code	PSSC-04T	
2	Course Title	Psychological Assessment	
3	Course Type	<i>Discipline Specific Course (DSC)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> ➤ <i>Developing an understanding of the basic principles of psychological assessment.</i> ➤ <i>Developing knowledge about the steps in test construction and test standardization.</i> ➤ <i>Understanding the impact of cultural contexts on assessment</i> ➤ <i>Developing knowledge of the ethical and legal issues involved in the assessment process.</i> ➤ <i>Evaluating the appropriateness and quality of psychological tests and their psychometric strengths and weaknesses.</i> ➤ <i>Developing knowledge about the application of tests in a variety of settings.</i> 	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning & Observation</i>
7	Total Marks	Max.Marks:100	Min Passing Marks:40
PART-B:		Content of the Course	
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics(Course contents)	No. of Period	
I	Introduction to Psychological Assessment 1.1. Psychological assessment: Principles of assessment, Nature and Purpose 1.2. Similarity and Difference between Test and Assessment. 1.3. Types of Assessment: Observation, Interview, Questionnaire. 1.3 Ethical and Professional Issues and Challenges.	12	
II	Psychological Testing 2.1 Definition of a Test and Types of Test 2.2 Characteristics of a Good Test 2.3 Applications of Psychological Tests in various contexts (Educational, Counseling and Guidance, Clinical, Organizational etc.)	11	

III	<p>Test and Scale Construction</p> <p>3.1 Test Construction and Standardization: Item Analysis.</p> <p>3.2 Reliability, Validity, and Norms (characteristics of z-scores, T-scores, Percentiles, Stens and Stanines)</p> <p>3.3 Scale Construction: Likert, Thurstone, Guttman & Semantic Differential Scale</p>	11
IV	<p>Tests of Cognitive Ability and Personality</p> <p>4.1 Tests of Cognitive Ability: General Mental Ability Tests (The Wechsler Scales of Intelligence and Stanford–Binet Intelligence Scales)</p> <p>4.2 Projective Test (Ink-Blot Test and Draw-A-Man-Test)</p>	11
Keywords	<i>Psychological assessment Psychological testing, Test ,Scale, Intelligence test, Projective test , Standardization , Reliability, Validity, Norms</i>	

PART–C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

1. Aiken, L. R., & Groth - Marnet, G. (2009). Psychological testing and assessment (12th Ed.). New Delhi: Pearson Education.
2. Anastasi, A., & Urbina, S. (2003). Psychological testing (7th Ed.). New Delhi, India: Prentice – Hall of India Pvt. Ltd.
3. Barve, B. N., & Narake, H. J. (2008). Manomapan. Nagpur, India: Vidya Prakashana.
4. Cohen, R.J., Swerdlik, M. E. & Kumthekar, M.M. (2014) Psychological Testing and Assessment (7th Ed.). McGraw Hill Education (India) Private Limited, New Delhi.
5. Asthana, V. (2022) Shiksha me Mapan Avam Mulyankan, Agrawal Publications, Sanjay Nagar, Agra.
6. Bhargava, M. (2018) Manovaigyanik Mapan, Mulyankan avam Sankhiyiki, H.P. Bhargava Book House
7. Shrivastav , D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan, Agrawal Publications , Sanjay Nagar, Agra.
8. Srivastav, D.N. (2016), Manovaigyanik Nirdharan Agrawal Publications Sanjay Nagar, Agra.
9. Singh, A.K. (2019) Tests, Measurements And Research In Behavioural Sciences, Bharti Bhawan

Reference Books Recommended

1. Desai, B., & Abhyankar, S. (2007). Manasashatriya mapan. Pune, India: Narendra Prakashana.
2. Gregory, R. J. (2014). Psychological testing: History, principals and applications. (6th Ed.). Boston: Pearson Education.
3. Husain, A. (2012). Psychological Testing. New Delhi, India: Pearson Education.
4. Kaplan, R. M., & Saccuzzo, D. P. (2012). Psychological testing: Principles, applications and issues (8th Ed.). New Delhi, India: Cengage.

Online Resources–

e-Resources/e-books and e-learning portals

➤ Swayam Central

<https://swayam.gov.in>

➤ youtube

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Online Resources-**e-Resources/e-books and e-learning portals**

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:**

Maximum Marks: 100 Marks
 Continuous Internal Assessment (CIA): 30 Marks
 End Semester Exam (ESE): 70 Marks

Continuous Internal Assessment (CIA): (By Course Teacher)

Internal Test / Quiz-(2): 20 +20
 Assignment / Seminar - 10
 Total Marks - 30

Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks

End Semester Exam (ESE):**Two section – A & B**

Section A: (I) Objective Type Questions 10x1=10 Marks

(II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks

Section B: Long Answer Type Questions One From Each Unit With Internal option
 4x10=40 Marks

Total Marks=70

Name and Signature of Convener & Members of CBoS:

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Rishi

[Signature] DR. Awantika Kaur

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[Signature] Smt. Jayshree Panchangam

[Signature] Alka Kerketta

[Signature] Tripti Bhojra

[Signature] Dr. A. Deonkar

[Signature] Dr. B. Harad

[Signature] Dr. B. K. Sankar

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction		
Program: Bachelor in Arts (Diploma/Degree/Honors)		Semester- IV
		Session:2024-2025
1	Course Code	PSSC-04P
2	Course Title	Lab Course -4 (Psychological Testing)
3	Course Type	Laboratory Course
4	Pre-requisite(if, any)	As per program
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> > <i>Understanding the testing procedure of interest test, personality test and aptitude test.</i> > <i>Learning the administration of projective test.</i>
6	Credit Value	01 Credit <i>(Credit= 30Hrs for Practices/Field work)</i>
7	Total Marks	Max.Marks:50 MinPassingMarks:20
PART-B: Content of the Course		
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)		
Test	Topics(Course contents)	No. of Period
1	Vocational Interest	30
2	Sentence completion Test	
3	Personality Test	
4	Aptitude Test	
Activity-	Make a comparative chart of personality traits of renowned personality	
Keywords	Vocational Interest, Personality, Aptitude, Personality Traits	
PART-C		
Learning Resources: Text Books, Reference Books and Others		
Text Books Recommended		
1. Shrivastav , D.N. and Verma Preeti Adhunik Prayogatmak Manovigyan (2014-15) Agrawal Publications , Sanjay Nagar, Agra		
Online Resources-		
> e-Resources/e-books and e-learning portals Swayam Central https://swayam.gov.in youtube		
Online Resources-		
> e-Resources/e-books and e-learning portals > https://egyankosh.ac.in/handle/123456789/4448 > https://epgp.inflibnet.ac.in/Home		

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Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks:	50 Marks	
Continuous Internal Assessment (CIA):	15 Marks	
End Semester Exam (ESE):	35 Marks	
Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- 05	
	Total Marks- 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Test)-	20
	B. Spotting based on tools & technology (written) (Report writing)-	10
	C. Viva-voce (based on principle/technology) -	05
	Total Marks-	35

Name and Signature of Convener & Members of CBoS:

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DR. A. Kausik

Rachit - Dr. Rachita Shrivastava

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Pamk - Smt. Jayshree Panchayam

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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction	
Program: Bachelor in Arts (Diploma/Degree/Honors)	Semester– IV Session:2024-2025
1	Course Code PSSE-02T
2	Course Title Positive Psychology
3	Course Type <i>Discipline Elective Course (DSE)</i>
4	Pre-requisite(if, any) <i>As per program</i>
5	Course Learning Outcomes(CLO) <i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> ➤ <i>Understanding the conceptual approaches to happiness and wellbeing.</i> ➤ <i>Able to locate the diversity in the experiences of happiness with individual's life span and across different domains.</i> ➤ <i>Learning the various pathways through which positive emotions and positive traits contribute to happiness and well-being.</i> ➤ <i>Being able to identify the key virtues and character strengths which facilitate happiness and well-being.</i>
6	Credit Value 03Credit <i>Credit = 15 Hours - learning & Observation</i>
7	Total Marks Max.Marks:100 Min Passing Marks:40

PART-B: Content of the Course		
Total No. of Teaching–learning Periods (01 Hr. per period) - 45 Periods (45 Hours)		
Unit	Topics(Course contents)	No. of Period
I	Introduction 1.1 Positive Psychology: Meaning, Definition, Assumptions and Goals. 1.2 Relationship with other fields (Health, Education and Social) 1.3 Meaning and Measures of Happiness and Well-being : Hedonic and Eudemonic traditions.	12
II	Happiness and Well-Being 2.1 Concept of Happiness and Wellbeing 2.2 Facets of Life; Gender, Love, Marriage, Close Relationship 2.3 Happiness Across the Lifespan	11
III	Emotions, Personality Traits and Well-Being 3.1 Positive Emotions(Hope, Optimism, Gratitude)and Well-Being 3.2 Cultivating Positive Emotions 3.3 Positive Traits: Personality, Emotions, and Biological bases of Emotions	11
IV	Virtues, Character Strengths, and Well-Being 4.1 Classification of Human Virtues(Seligman's Approach) 4.2 Wisdom as a Foundational Strength and Virtue; Character	11

Page | 29

	Strengths and Health. 4.3 Religion and Virtues: Buddhism, Confucianism, Islam, and Hinduism.	
Keywords	<i>Positive psychology, Happiness, Wellbeing, Optimism, Gratitude, Virtues, Character strength, Religion.</i>	

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

1. Seligman, M. E.P.(2002). *Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment*. New York: Free Press/Simon and Schuster.
2. Baumgardner, S.R., Crothers, M.K.(2009). *Positive psychology*. New Delhi, India: Pearson.
3. Carr, A. (2004). *Positive Psychology: The science of happiness and human strength*. UK: Routledge.
4. David, S.A., Boniwell, I., & Ayers, A.C.(2013). *The Oxford handbook of happiness*. Oxford: Oxford University Press.
5. Husain, A., & Saeeduzzafar. (2011). *Islamic virtues and human development*. New Delhi, India: Global Vision Publishing House.
6. Joseph, S.(Ed.)(2015). *Positive psychology in practice: Promoting human flourishing in work, health, education, and everyday life*. Hoboken, NJ: John Wiley & Sons.
7. Kumar, U., Archana, & Prakash, V.(2015). *Positive psychology—Applications in work, health and well-being*. Delhi & Chennai, India: Pearson.

Reference Books Recommended

1. Peterson, C. (2006). *A Primer in Positive Psychology*. New York: Oxford University Press.
2. Snyder, C. R., & Lopez, S.J.(2002). *Handbook of positive psychology*. New York: Oxford University.
3. Snyder, C. R., & Lopez, S.J.(2007). *Positive Psychology: The Scientific and Practical Explorations of Human Strengths*. Thousand Oaks, CA: Sage.

Online Resources–

e-Resources/e-books and e-learning portals

- Swayam Central
- <https://swayam.gov.in>
- youtube

Online Resources–

e-Resources/e-books and e-learning portals

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Diploma/Degree/Honors)		Semester– IV	
		Session:2024-2025	
1	Course Code	PSSE-02P	
2	Course Title	Lab Course -2 (Psychological Testing)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability of:</i> > <i>Concept clarification of happiness, optimism.</i> > <i>Concept clarification of wellbeing and mental health.</i>	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50	MinPassingMarks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Test	Topics(Course contents)		No. of Period
1	Happiness Scale		30
2	Optimism Scale		
3	Wellbeing Scale		
4	Mental Health		
ACTIVITY-	Positive Psychology through Movies: Selecting any relevant movie/movies and designing tasks based on that, like: Making a chart of positive and negative emotions displayed, Emotion-behavior link, Analysis of character strengths and virtues.		
Keywords	<i>Positive Psychology, Happiness, Optimism, Wellbeing, Mental Health</i>		

PART-C
Learning Resources: Text Books, Reference Books and Others
Reference Books Recommended
<ol style="list-style-type: none"> 1. Kumar,U.,Archana, & Prakash,V.(2015).<i>Positive psychology–Applications in work, health and well-being</i>. Delhi & Chennai, India: Pearson. 2. Authentic happiness by Martin Seligman (2002) <i>Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment</i>. New York: Free Press/Simon and Schuster 3. David, S.A. Boniwell, I., &Ayers, A.C.(2013).<i>The Oxford handbook of happiness</i>. Oxford: Oxford University Press. 4. Positive Psychology for improving Mental Health and Wellbeing by Geetika Patnayak
Online Resources–
e-Resources/e-books and e-learning portals
<ul style="list-style-type: none"> ➤ Swayam Central https://swayam.gov.in ➤ youtube
Online Resources–
e-Resources/e-books and e-learning portal
<ul style="list-style-type: none"> ➤ https://egyankosh.ac.in/handle/123456789/4448 ➤ https://epgp.inflibnet.ac.in/Home ➤ https://ndl.iitkgp.ac.in/homestudy/humanities

Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 50 Marks		
Continuous Internal Assessment (CIA): 15 Marks		
End Semester Exam (ESE): 35 Marks		
Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar +Attendance- 05	
	Total Marks- 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Test)-	20
	B. Spotting based on tools & technology (written) (Report writing)-	10
	C. Viva-voce (based on principle/technology) -	05
	Total Marks-	35

Name and Signature of Convener & Members of CBoS:

Dr. Anil Kumar
Anil Kumar

Dr. Lakshmi
Dr. Lakshmi

Arvind

[Signature]

[Signature]

Dr. Rakita Shrivastava

Shubha

Pankh Mittal

Dr. Anurag Prasad
Dr. Anurag Prasad
Dr. Anurag Prasad

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction		
Program: Bachelor in Arts (Degree/Honors)		Semester– V
Session:2024-2025		
1	Course Code	PSSC- 05T
2	Course Title	Quantitative Data Analysis
3	Course Type	Discipline Specific Course (DSC)
4	Pre-requisite(if, any)	As per program
5	Course Learning Outcomes(CLO)	<p>After the completion of course, the students will have ability to:</p> <ul style="list-style-type: none"> ➤ Understand the nature of measurement and its various levels. ➤ Developing skills to use quantitative techniques such as measures of central tendency, variability, and correlation. ➤ Knowing how to use the normal probability curve as a model in scientific theory ➤ Grasping concepts related to hypothesis testing and developing related computational skills ➤ Learning basic techniques of descriptive and inferential statistics (parametric as well as non-parametric).
6	Credit Value	03 Credit Credit = 15 Hours - learning & Observation
7	Total Marks	Max.Marks:100 Min Passing Marks:40
PART-B: Content of the Course		
Total No. of Teaching–learning Periods (01 Hr. per period) - 45 Periods (45 Hours)		
Module / Unit	Topics(Course contents)	No. of Period
I	Nature of Quantitative Data and Descriptive Statistics in Psychology 1.1 Levels of measurement 1.2 Measures of Central Tendency: Characteristics and Computation of Mean, Median and Mode. 1.3 Measures of Variability or Dispersion: Characteristics and Computation of Range, Quartile Deviation and Standard Deviation. 1.4 Concept of Variance.	12
II	Normal Distribution and Correlation: 2.1 Normal Distribution Curve (NPC): Nature, Properties of NPC; deviation from NPC: Skewness and Kurtosis 2.2 Correlation: Calculation of Pearson's and Spearman coefficient, Correlation	11
III	Inferential Statistics 3.1 Inferential statistics; concept of Null Hypothesis, 3.2 Level of significance, 3.3 Type I and Type II error,	11

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PS Page | 34

	3.4 t-Test(Uncorrelated data)	
IV	<p>Non-Parametric Tests</p> <p>4.1 Nature and Assumptions</p> <p>4.2 Chi-square: Assumptions and computation of Chi-square</p> <p>4.3 Use of computer in statistics.</p>	11
Keywords	<i>Quantitative data, Central tendency, Variability, Parametric, Nonparametric, Inferential Statistics</i>	

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

1. Broota, K.D.(1992). *Experimental Design in Behavioral Research*. New Delhi: Wiley Eastern.
2. Kapil, H.K.(2020) *Sankhyaki ke Mool Tatva* , Shri Vinod Pustak Mandir, Agra
3. Suleman, M. (2018) *Manovigyan Shiksha Avm Anya Samajik Vigyan Mein Sankhiki*, Motilal Banarsidas Delhi.
4. Solanki, M.k. (2022) *Rashtriy Shiksha Niti -2020, Manovigyan Aadharit Sankhiyki Avm Shodh Paddhti*, SBPD Publication
5. Singh, A.K. (2008) *Manovigyan Samajshastra Tatha Shiksha Mein Sankhiki Motilal Banarsidas Delhi*.

Reference Books Recommended

1. Singh, A.K. (2019) *Tests, Measurements And Research In Behavioural Sciences*, Bharti Bhawan
2. Minium,E.W.,King,B.M.,&Bear,G.(1993) *Statistical Reasoning in Psychology and Education*, New York: John Wiley.
3. Mohanty,B.& Misra, S.(2015) *Statistics for Behavioral and Social Sciences*. New Delhi: SAGE Publications.

Online Resources–

e-Resources/e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- youtube

Online Resources–

e-Resources/e-books and e-learning portals

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- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks:	100 Marks
Continuous Internal Assessment (CIA):	30 Marks
End Semester Exam (ESE):	70 Marks

Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

(Signature)

Convener DR. A. Kaulkar *Dr. Lalit Joshi*

Reader - Dr. Rachita Shrivastava

Dr. Shulda
Dr. Babhavati Shulda

Pank

Aravta - Alka Kerketta

Aravta - Gnipto Binoas

Aravta - Dr. A. Desoukari

Dr. Ghanshyam Thakur

Dr. B. Anwar

Dr. B. K. Sankar

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Degree/Honors)		Semester– V	Session:2024-2025
1	Course Code	PSSC- 05P	
2	Course Title	Lab Course -5 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> > <i>Understand the concept of statistics</i> > <i>Will be able to apply the statistics in research</i> > <i>Will learn the concept of plagiarism</i>	
6	Credit Value	01 Credit	<i>(Credit= 30Hrs for Practices/Field work)</i>
7	Total Marks	Max.Marks:50	Min Passing Marks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Module	Topic		No. of Period
1	Activity on Scientific Writing: How to write research paper based on quantitative studies. APA style of writing and referencing Plagiarism checks and other ethical considerations		30
2	Critically reviewing search paper(qualitative or quantitative) This shall help building professional technical knowledge of students		
keywords	<i>Scientific Writing, APA Style, Plagiarism, Research Paper</i>		

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended-

1. Kothari, C.R. (2023) *Research Methodology*, New Age International Publishers
2. Kapil, H.K. (2019) *Anusandhan Vidhiyan*, H. P. Bhargava Publications
3. Sansanwal, D. N. (2020) *Research Methodology and Applied Statistics*, Shipra Publications

Online Resources-

- > e-Resources/e-books and e-learning portals
- Swayam Central
- <https://swayam.gov.in>
- youtube

Online Resources-

- > e-Resources/e-books and e-learning portal
- > <https://egyankosh.ac.in/handle/123456789/4448>

Shubh
Arjun
Sanyal
Rachin
Das
Pankaj
Shetty
Aravind
Prasanna
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- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 50 Marks		
Continuous Internal Assessment (CIA): 15 Marks		
End Semester Exam (ESE): 35 Marks		
Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance - 05	
	Total Marks - 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Experiment)- 20	
	B. Spotting based on tools & technology (written) (Report writing)- 10	
	C. Viva-voce (based on principle/technology) - 05	
	Total Marks- 35	

Name and Signature of Convener & Members of CBoS:

(Signature)
(Signature)

Aashu
DR. Awantika Kaushik

Sati
Dr. Lati Kaseela

Rachita Dr. Rachita Shrivastava

Bhukta
Dr. Babharati Shukla

Panch

Aruna - Arka Kerketta

Jyoti - Dipa Bhowan

Ana - Dr. A. Desai

B - Anshu Sharma

M - Dr. Anam

P - B. K. Sharma

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Degree/Honors)		Semester– V	
		Session:2024-2025	
1	Course Code	PSSE- 03T	
2	Course Title	Sports and Exercise Psychology	
3	Course Type	Discipline Elective Course (DSE)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<p>After the completion of course, the students will have ability to:</p> <ul style="list-style-type: none"> ➤ Familiarizing with the evolving field of sports and exercise psychology as a profession. ➤ Understanding the current shifts from traditional paradigms and appreciating the role of practical theory to guide professional practice ➤ Developing a critical understanding of general personality approaches as well as the sport specific personality approaches. ➤ Being able to develop a psychological profile for a sportsperson/team 	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max.Marks:100	MinPassingMarks:40
PART-B: Content of the Course			
Total No. of Teaching–learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics(Course contents)		No. of Period
I	Introduction 1.1 History of sport and exercise psychology; what is sport and exercise psychology? 1.2 Sport psychology specialties: Clinical-sport psychology, Educational psychology 1.3 Role of exercise and sport psychologists–teaching, research and consultation		12
II	Personality and Sports 2.1 Why study personality in sport? 2.2 Approaches to personality 2.3 Assessment of personality; EPI and TAT		11
III	Motivation 3.1 Motivation: Definition and Views 3.2 Role of Coaching and Mentoring 3.3 Achievement Motivation and Competitiveness		11
IV	Enhancing Performance and Self-Confidence 4.1 Psychological skills training (PST): why PST is important? 4.2 PST knowledge base and its effectiveness		11

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	4.3 Phases of PST Programs: Education, Acquisition and Practice.	
Keywords	<i>Sports, Exercise, Personality, Motivation, Achievement motivation,</i>	

PART-C

Learning Resources: Text Books, Reference Books and Others

Reference Books Recommended

1. Horn, T. S. (Ed.) (2002). *Advances in Sport Psychology*. USA: Human Kinetics Publishers. Weinberg.
2. R. S., & Gould, D. (2003). *Foundations of Sport and Exercise Psychology*. USA: Human Kinetics Publishers, Inc.
3. Singh, H. (2018) *Khel Manovigyan* KSK Publication and Distribution
4. Chaube, D. & Chaturvedi, S. (2022) *Khel Manovigyan*, Khel Sahitya Kendra
5. Mangal, S.K. & Mangl, S. (2021) *Sports Psychology*, SAGE Publications Pvt. Ltd
6. Bavare, M. (2024) *Sports Psychology*, Popular Prakashan, Mumbai

Online Resources-

e-Resources/e-books and e-learning portals

- Swayam Central

<https://swayam.gov.in>

- youtube

Online Resources-

e-Resources/e-books and e-learning portals

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>


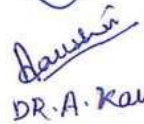

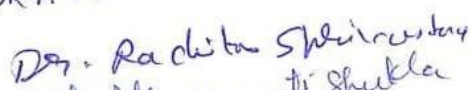
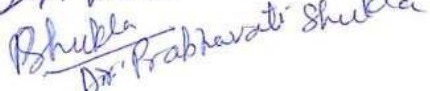
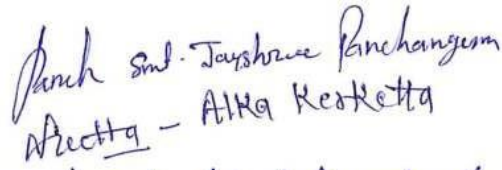
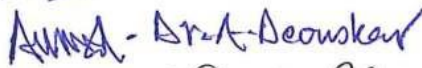
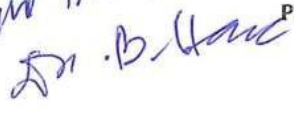

Part-D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 100 Marks
Continuous Internal Assessment (CIA): 30 Marks
End Semester Exam (ESE): 70 Marks

Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
	Assignment / Seminar - 10	
	Total Marks - 30	
End Semester Exam (ESE):	Two section - A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks	

Name and Signature of Convener & Members of CBoS:


 Anurag Kumar

 DR. A. Kaushik

 Dr. Lal Harsar

 Dr. Rachita Shrivastava

 Dr. Prabhavati Shukla

 Panch Sridhar Panchangam
 Arectta - Alka Kerketta

 Dr. A. Deonskar

 Dr. B. Harsh

 Dr. B. Harsh

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Degree/Honors)		Semester- V	Session:2024-2025
1	Course Code	PSSE- 03P	
2	Course Title	Lab Course -3 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> > <i>Understand the personality characteristics of team captain.</i> > <i>Understand the personality of team members and coach.</i>	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50	Min Passing Marks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Module	Topic		No. of Period
1	Analyzing the personality of team captains of various sports like hockey, cricket, kabaddi etc. and studying its relationship with team motivation and performance. Eg. An analysis of personality and leadership styles of different captains of Indian Cricket team (eg., MS Dhoni, Sachin Tendulkar, Virat Kohli or Kapil Dev). This can be done by observing their on ground behavior, listening to/reading their interviews, their communication styles etc.		30
2	Students can visit the physical education department of their own institution and interact with the faculty as well as the students/players to understand their motivation and self- confidence.		
Keywords <i>Personality Characteristics, Leadership Styles, Physical Education</i>			

PART-C

Learning Resources: Text Books, Reference Books and Others

Reference Books Recommended

1. Horn, T. S. (Ed.) (2002). *Advances in Sport Psychology*. USA: Human Kinetics Publishers. Weinberg,
2. R. S., & Gould, D. (2003). *Foundations of Sport and Exercise Psychology*. USA: Human Kinetics Publishers, Inc.

Online Resources-

e-Resources/e-books and e-learning portals

> Swayam Central

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> youtube

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e-Resources/e-books and e-learning portal

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 50 Marks

Continuous Internal Assessment (CIA): 15 Marks

End Semester Exam (ESE): 35 Marks

Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2): 10 & 10 Assignment/Seminar+ Attendance- 05 Total Marks - 15	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment A. Performed the Task based on lab. Work (Activity Report Submission)- 20 B. Spotting based on tools & technology (written) (Presentation)- 10 C. Viva-voce (based on principle/technology) - 05 Total Marks- 35	

Name and Signature of Convener & Members of CBoS:

Dr. Rakla Prabhavathi Shukla
(Convener)
(Unnikrishnan)

Sausan
DR. A. Kausari

Ruchi - Dr. Rakita Shrivastava

Arutty - AIRa Kerketta

Panch - Smt. Jayshree Panchangam

Amol - Gopi Boina

Amal - Dr. A. Deveshwar

Am - Dr. B. Hara

Am - Chamskyun Chuan

Am - Dr. B. K. Santh

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Degree/Honors)		Semester- VI	
Session:2024-2025			
1	Course Code	PSSC- 06T	
2	Course Title	Introduction to Personality	
3	Course Type	Discipline Specific Course (DSC)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<p>After the completion of course, the students will have ability of:</p> <ul style="list-style-type: none"> ➤ Appreciating conceptualizations of personality in the Western as well as Eastern traditions. ➤ Understanding self and personality through Eastern perspectives such as Mimamsa, Vedanta, Samkhya, Yoga, Buddhist and Sufi traditions. ➤ Developing a critical understanding of personality through various Western approaches including type and trait, psychoanalytic, socio-cognitive and humanistic. ➤ Understanding biological and environmental influences on personality development. ➤ Fostering an applied perspective by engaging students in a discussion about the everyday applications of various personality theories. 	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max.Marks:100	Min Passing Marks:40

PART-B: Content of the Course

Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)

Unit	Topics(Course contents)	No. of Period
I	Introduction to Personality: 1.1 Concept and Definition of personality 1.2 Role of Factors in the Development of Personality (heredity and environment) 1.3 Assessment of Personality	12
II	Western Approaches to Personality - I 2.1 Trait and Type Approaches (including Eastern Perspective such as "Tri-guna" theory) 2.2 A Socio-cognitive Approach to Personality	11
III	Western Approaches to Personality – II 3.1 Psychoanalytical Approach to Personality 3.2 Humanistic Approach to Personality	
IV	Understanding self through Eastern Perspectives 4.1 Understanding self through Mimamsa, Vedanta, Samkhya and Yoga	11

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	4.2 Understanding self through Sufi and Buddhist tradition 4.3 Understanding Self through Sri Aurobindo's Integral Yoga	
Keywords	<i>Personality, Trait, Type, Tri gun, Psychoanalytic Humanistic, Mimansa Vedanta, Samkhya Yoga, Sufi, Buddhist</i>	

PART-C
Learning Resources: Text Books, Reference Books and Others
<p>Text Books Recommended</p> <ol style="list-style-type: none"> 1. Carducci, B. J. (2009). <i>The Psychology of Personality: Viewpoints, Research & Application</i>. Hong Kong: Wiley-Blackwell. 2. Ciccarelli, S. K., & Meyer, G. E. (2010). <i>Psychology: South Asian edition</i>. New Delhi, India: Pearson Education. 3. Cornelissen, R. M. M., Misra, G., & Varma, S. (Eds.) (2011). <i>Foundations of Indian Psychology—Theories and Concepts</i> (Vol. 1). New Delhi, India: Pearson. 4. Feist, J., Feist, G.J. & Herman, T.A.R.W. (2018). <i>Theories of Personality</i>. Tata McGraw Hill 5. Friedman, H. S., & Schustack, M. W. (2006). <i>Personality: Classic Theories and Modern Research</i>. New Delhi, India: Pearson. 6. Kuppuswamy, B. (2001). <i>Elements of Ancient Indian Psychology</i>. New Delhi, India: Konark Publishers Pvt. Ltd. 7. Misra, G., & Mohanty, A. K. (Eds.) (2002). <i>Perspectives on indigenous psychology</i>. New Delhi, India: Concept Publishing Company. 8. Singh, A.K.& Singh, A.K. (2017) <i>Vyaktitva Ka Manovigyan</i>, Motilal Banarsidas, Delhi <p>References Books Recommended</p> <ol style="list-style-type: none"> 1. Paranjpe, A. C. (1984). <i>Theoretical psychology: The Meeting of East and West</i>. New York: Plenum Press. 2. Patnaik, D. (2015). <i>My Gita</i>. New Delhi: Rupa. 3. Rao, K. R., Paranjpe, A. C., & Dalal, A. K. (Eds.) (2008). <i>Handbook of Indian psychology</i>. New Delhi, India: Foundation Books. <p>Online Resources— e-Resources/e-books and e-learning portals</p> <ul style="list-style-type: none"> ➤ Swayam Central https://swayam.gov.in ➤ youtube <p>Online Resources— e-Resources/e-books and e-learning portals</p> <ul style="list-style-type: none"> ➤ https://egyankosh.ac.in/handle/123456789/4448 ➤ https://epgp.inflibnet.ac.in/Home ➤ https://ndl.iitkgp.ac.in/homestudy/humanities

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Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks:	100 Marks	
Continuous Internal Assessment (CIA):	30 Marks	
End Semester Exam (ESE):	70 Marks	
Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

*Dr. Shubla
Rachinwadi Shukla*

*Dr. Anand
Ukakaravanshi*

Dr. A. Kaushik *Dr. Lalita Sekhri*

Dr. Rachita - Dr. Rachita S.M., Kharabara
Panch - Smt. Jyoti Panchangam
Arati - Alka Kerketty
Amor - Dr. P. B. Sawar
Anita - Dr. A. Deviskar

Dr. B. Haran

Dr. Chetan Shekhar Thakur

Dr. B. K. Sambar

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)

DEPARTMENT OF PSYCHOLOGY

COURSE CURRICULUM

PART-A: Introduction		
Program: Bachelor in Arts (Degree/Honors)		Semester– VI
		Session:2024-2025
1	Course Code	PSSC- 06P
2	Course Title	Lab Course -6 (Activity)
3	Course Type	Laboratory Course
4	Pre-requisite(if, any)	<i>As per program</i>
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability of:</i> ➤ <i>Assessment skill development</i> ➤ <i>Analytical thinking and summarization</i>
6	Credit Value	01 Credit <i>(Credit= 30Hrs for Practices/Field work)</i>
7	Total Marks	Max.Marks:50 Min Passing Marks:20
PART-B: Content of the Course		
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)		
Module	Topic	No. of Period
1	Assessment of any one Projective technique and Report writing	30
2	Personality analysis of renowned person of any field	
<i>Keywords</i>	<i>Projective Technique, Personality Analysis, Report Writing</i>	

PART-C
Learning Resources: Text Books, Reference Books and Others
Reference Books Recommended
<ol style="list-style-type: none"> 1. Corey, G. (2009) <i>Counseling and Psychotherapy; Theory and Practice.</i>(7th Ed.) New Delhi: Cengage Learning. 2. Friedlander, M.L. & Diamond, G.M. (2012) <i>Couple and Family Therapy</i>, Database: APA PsycInfo 3. E. M. Altmaier and J.C. Hansen (Eds.) <i>The Oxford Handbook of Counseling Psychology</i>. New York: Oxford University Press 4. Kapur, M. (2011). <i>Counseling Children with Psychological Problems</i>. New Delhi, Pearson. 5. Sharf, R. S. (2012). <i>Theories of Psychotherapy and Counseling: Concepts and Cases</i>. 5th Edition. Belmont: Brooks/Cole (Cengage Learning). 6. Singh, A.K. (2021) <i>Uchatar Naidanik Manovigyan</i>, Motilal Banarsidas Delhi
Online Resources– e-Resources/e-books and e-learning portals
<ul style="list-style-type: none"> ➤ Swayam Central https://swayam.gov.in ➤ youtube

Handwritten signatures and initials in blue ink at the bottom of the page, including names like 'Anand', 'Saurav', 'Balu', 'Rohit', 'Anita', and others.

Online Resources-**e-Resources/e-books and e-learning portal**

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:**

Maximum Marks: 50 Marks
Continuous Internal Assessment (CIA): 15 Marks
End Semester Exam (ESE): 35 Marks

Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- 05	
	Total Marks - 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)-20	
	B. Spotting based on tools & technology (written) (Presentation)-	10
	C. Viva-voce (based on principle/technology) -	05
	Total Marks-	35

Name and Signature of Convener & Members of CBoS:

(Signature)
(Signature)
(Signature)

(Signature) Dr. A. Kauski *(Signature)*
(Signature) Dr. Lalita Sahu

(Signature) Dr. Rachita Shrivastava
(Signature) Smt. Jayshree Panchangam
(Signature) Alka Kerketta
(Signature) Nipti Baiswas
(Signature) Dr. A. Deveshkar
(Signature) Dr. B. Hara
(Signature) Chanshyam Thakur
(Signature) Dr. B. K. Sankar

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Degree/Honors)		Semester– VI	
		Session:2024-2025	
1	Course Code	PSSE- 04T	
2	Course Title	Psychology of Health and Yoga	
3	Course Type	Discipline Elective Course (DSE))	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<p>After the completion of course, the students will have ability to:</p> <ul style="list-style-type: none"> ➤ Demonstrating knowledge of health psychology. ➤ Demonstrating adequate knowledge about issues related to stress, stress management and coping. ➤ Developing adequate knowledge about the promotion of healthy behavior ➤ Appreciating the value of practicing Yoga in daily life through research evidence and in-depth understanding of the promotion of health benefits of Yoga. 	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max.Marks:100	MinPassingMarks:40

PART-B: Content of the Course		
Total No. of Teaching–learning Periods (01 Hr. per period) - 45 Periods (45 Hours)		
Unit	Topics(Course contents)	No. of Period
I	<p>Introduction to Health Psychology</p> <p>1.1 Concept of health and Cross cultural definitions of health (including Indian)</p> <p>1.2 Biomedical and Bio- psychosocial models</p> <p>1.3 Cultural approaches to medicines (especially with respect to Traditional Indian medicine: Ayurveda)</p>	12
II	<p>Stress and Coping</p> <p>2.1 Theories of Stress (Cannon's fight-or-flight theory, Taylor et al.'s Tend-and-Befriend Theory)</p> <p>2.2 Physiology of stress</p> <p>2.3 Types of psychological stressors</p> <p>2.4 Coping with stress and stress management</p>	11
III	<p>Promoting Healthy Behaviors</p> <p>3.1 Determinants of health behaviors</p> <p>3.2 Theories of health behaviors: Health Belief Model, Theory of</p>	11

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	Planned Behavior 3.3 Using the mass media for health promotion	
IV	Health promotion through Yoga 4.1 Yoga intervention for lifestyle disorders 4.2 Other health promotion techniques; Breathing techniques (pranayam)	11
Keywords	Health, Cross Cultural, Biomedical, Stress, Yoga, Coping, Mass Media, Breathing Technique.	

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

1. Taylor, S.E., (2009). *Health Psychology* (9th Ed). New Delhi, Tata Mc Graw-Hill Ogden, J. (2012). *Health Psychology*. New York, McGraw-Hill.
2. Morrison, V., & Bennett, P. (2009). *Introduction to Health Psychology* (2nd Ed) Pearson Education Limited, New York.
3. Gurung, R.A.R. (2014). *Health Psychology: A Cultural Approach*, USA, Wadsworth: Cengage learning
4. Dalal, A. K., & Misra, G. (Eds.). (2012). *New Directions in Health Psychology*. New Delhi: Sage Publications.
5. Rupam, (2014) *Yog Manovigyan*, Motilal Banarasis
6. Nautiyal, V.P. (2018) *Yog aur Manovigyan*, Kitab Mahal
7. Vivekananda, R. (2006), *Practical Yoga Psychology*, Yoga Publication Trust Munger. Bihar

Reference Books Recommended

1. Agarwala, S., Das, I., Kumar, K., and Kumar, S. (2009). *Health Psychology*. New Delhi, Allied Publishers. (Chapter 23)
2. Babu, R.K. (2011). *Asanasutras. Viziyanagaram*, India: Home of Yoga Publications.
3. Desikachar, T.K.V. (2003). *Reflections on Yoga Sutras of Patanjali*. Krishnamacharya Yoga Mandiram.

Online Resources-

e-Resources/e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- youtube

Online Resources-

e-Resources/e-books and e-learning portals

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

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Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks:	100 Marks	
Continuous Internal Assessment (CIA):	30 Marks	
End Semester Exam (ESE):	70 Marks	
Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

Shubra Prabhakar
Sharma

Anand
(Luhakhan)

DR. A. Kaushik
DR. Lalit Singh

Rachha - Dr. Rakita Shrivastava

Joshi - Sub. Jayshree Panchangam

Shetty - Alka Kerketta

Sharma - Tripti Biswas

Sharma - Ghanshyam Thakur

Sharma - Dr. A. Deoukar

Sharma - Ghanshyam Thakur

Sharma - Dr. B. Han

Sharma - Dr. B. K. Sanku

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Degree/Honors)		Semester- VI	Session:2024-2025
1	Course Code	PSSE- 04P	
2	Course Title	Lab Course -4 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> > Understand the personality characteristics of team captain. > Understand the personality of team members and coach.	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50	MinPassingMarks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Module	Topic (ANY TWO)		No. of Period
1	Mindful eating exercise: students can be demonstrated how our eating is not very mindful, by keeping a bowl of chips/nuts in front of them. Without their conscious awareness they start to eat. Then their attention can be directed towards eating mindfully. Mindful eating and weight gain has been associated in research.		30
2	Students can be asked to collect activities that people use to cope with their stress (like writing, watching movies exercise, listening to music, praying, talking to friend, sleeping etc) and then categorize them as either emotion focused or problem focused.		
3	Assessing Body Mass Index and its relationship with stress ,exercise, internet usage etc.		
Keywords	<i>Mindful Eating, Conscious Awareness, Stress Coping Body Mass Index</i>		
PART-C			
Learning Resources: Text Books, Reference Books and Others			
<i>Reference Books Recommended</i>			
1. Dalal,A. K., & Misra, G. (Eds.). (2012). <i>New Directions in Health Psychology</i> . New Delhi: Sage Publications. 2. Agarwaia,S.,Das,I.,Kumar,K.,andKumar,S.(2009). <i>HealthPsychology</i> .NewDelhi, Allied publishers. (Chapter 23) 3. Babu,R.K.(2011). <i>Asanasutras</i> .Viziyagaram,India:HomeofYogaPublications.			
Online Resources-			
e-Resources/e-books and e-learning portals			
> Swayam Central https://swayam.gov.in			

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Online Resources-

e-Resources/e-books and e-learning portal

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 50 Marks

Continuous Internal Assessment (CIA): 15 Marks

End Semester Exam (ESE): 35 Marks

Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- 05	
	Total Marks - 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)-20	
	B. Spotting based on tools & technology (written) (Presentation)-	10
	C. Viva-voce (based on principle/technology) -	05
	Total Marks-	35

Name and Signature of Convener & Members of CBoS:

Shukla
Babhanvati Shukla
(Convener)

Dr. A. Kaushik
Dr. Lalit K. Singh

Rachar - (Dr. Rachar Shivastava)

Rachar - (Smt. Jayshree Panhangar)

Mehta - Alka Kerketta

Sharma - Dr. Nishi Bishnoi
Chandigar - Thakur

Dr. A. Desai

Dr. B. K. Sankar

Dr. A. Haran

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Honors/Honors with Research)	Semester - VII	Session:2024-2025	
1	Course Code	PSSC- 07T	
2	Course Title	Foundations of Developmental Psychology	
3	Course Type	<i>Discipline Specific Course (DSC)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<p><i>After the completion of course, the students will have ability of:</i></p> <ul style="list-style-type: none"> ➤ <i>Demonstrating an ability to understand and distinguish major theoretical perspectives and methodological approaches in human development.</i> ➤ <i>Developing an ability to identify the milestones in diverse domains of human development across life stages.</i> ➤ <i>Understanding the contributions of socio-cultural context toward shaping human development.</i> ➤ <i>Acquiring an ability to decipher key developmental challenges and issues faced in the Indian societal context.</i> 	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning & Observation</i>
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40
PART-B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics (Course contents)		No. of Period
I	Introduction 1.1. Concepts of Developmental Psychology 1.2. Theoretical Perspectives: Psychodynamic (Freud and Maslow) and Socio-cultural (Vygotsky) 1.3. Research methods: Longitudinal and Cross- sectional		12
II	Domains of Development across life span - I 2.1 Physical development (from infancy to late adulthood) 2.2 Cognitive development (Piaget, information processing approaches). 2.3 Language development, Role of language in cognitive development		11
III	Domains of Development across life span – II 3.1 Psychosocial development (Erikson) 3.2 Emotional development: nature and determinants 3.3 Moral development (Kohlberg Theory)		11

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IV	Developmental issues in Indian context 4.1 Role of Gender, Disability and Poverty in development 4.2 Developmental issues in children 4.3 Challenges of Adulthood; Aging	11
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Keywords *Development, Psycho Dynamic, Socio Cultural, Physical , Cognitive , Indian Context*

PART–C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended –

1. Berk, L. E. (2010). *Child development* (9th Ed.). New Delhi, India: Prentice Hall.
2. Feldman, R. S., & Babu, N. (2011). *Discovering the life-span*. New Delhi, India: Pearson.
3. Mitchell, P., & Ziegler, F. (2007). *Fundamentals of development: The psychology of childhood*. New York: Psychology Press.
4. Papalia, D. E., Olds, S. W., & Feldman, R. D. (2006). *Human development* (9th Ed). New Delhi, India: Tata McGraw-Hill.
5. Santrock, J. W. (2012). *A Topical Approach to Life-Span Development*. New Delhi, India: Tata McGraw-Hill.
6. Saraswathi, T. S. (2003). *Cross-Cultural perspectives in human development: Theory, research and applications*. New Delhi, India: Sage Publications.
7. Shaffer, D. R., & Kipp, K. (2007). *Developmental psychology: Childhood and Adolescence*. Indian reprint: Thomson Wadsworth.
8. Sharma, N., & Chaudhary, N. (2009). *Human development: Contexts and Processes*.
9. In G. Misra (Ed.), *Psychology in India, Vol 1: Basic Psychological Processes and Human Development*. India: Pearson.
10. Singh, R.N. (2019) *Aadhunik Vikasatmak Manovigyan, Agrawal Publications*
11. Singh, R.P. , Upadhyay, A.K.& Singh, R.(2015) *Vikasatmak Manovigyan, Motilal Banarsidass Publishing House (MLBD)*
12. Shrivastav, R.(2018) *Adhunik Vikasatmak Manovigyan, Motilal Banarsidass Publishing House (MLBD)*
13. Srivastava, A. K. (Ed) (1997). *Child development: An Indian perspective*. New Delhi: NCERT

Reference Books Recommended

1. Georgas, J., Berry, J. W., Van de Vijver, F. J., Kagitçibasi, Ç., & Poortinga, Y. H. (Eds.) (2006). *Families across cultures: A 30-nation psychological study*. New York: Cambridge University Press.
2. Kakar, S. (2012). *The inner world: A psychoanalytic study of childhood and society in India* (4th Ed.). New Delhi, India: Oxford University Press.

Online Resources–

e-Resources / e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- youtube

Online Resources–

e-Resources / e-books and e-learning portal

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- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part - D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 100 Marks
 Continuous Internal Assessment (CIA): 30 Marks
 End Semester Exam (ESE): 70 Marks

Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

(Signature)
 Prof. Navin Shrivastava
 (Usha Kiran)

(Signature)
 Dr. Lalit H. Sahay

(Signature) - Dr. Radhika Shrivastava
(Signature) - Smt. Jayshree Pemhanganam
(Signature) - Alka Kerketta
(Signature) - Dr. Gipti Biswas
(Signature) - Chanshree Thakur
(Signature) - Dr. Ar. Deouskar

(Signature) Dr. B. K. Sankar

(Signature) Dr. B. Haran

Publication, Kamla Nagar, Delhi.

4. Kothari C.R. (2019). Research Methodology: Methods and Techniques. New Age Publishers Pvt Limited, 2019 Ed.-4
5. Mason, J. (1997). Qualitative Researching. Thousand Oaks: Sage.
6. Siegal, S. (1956). Non-Parametric Statistics for Behavioural Sciences. New York, McGraw Hill.
7. Winer, B.J. (1971). Statistical Principles in Experimental Design. New York, McGrawHill.
8. Braun; V &Clarke; V (2021) Thematic Analysis: A Practical Guide SAGE, 2021

Online Resources–
e-Resources / e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- youtube

Online Resources–
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Part - D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks:	50 Marks	
Continuous Internal Assessment (CIA):	15 Marks	
End Semester Exam (ESE):	35 Marks	
Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- 05	
	Total Marks - 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)- 20	
	B. Spotting based on tools & technology (written) (Presentation)- 10	
	C. Viva-voce (based on principle/technology) - 05	
	Total Marks- 35	

Name and Signature of Convener & Members of CBoS:

Bharti
 Prabhavati Shukla
 (Convener)
 Anshu
 Ruchi
 Alita - Aika Kerketta
 Parsh - Smt. Jayshree Panchangam
 Komai - Nipti Biswas
 Anshu - Dr. A. Deouskar
 Chanchayan Thakur
 Dr. B. Hara
 Dr. B. K. Sankar

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester -VII	
Session:2024-2025			
1	Course Code	PSSE- 05T	
2	Course Title	Educational Psychology	
3	Course Type	Discipline Elective Course (DSE)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	<p>After the completion of course, the students will have ability of:</p> <ul style="list-style-type: none"> ➤ Understanding the meaning and processes of education at individual and social plains in the Indian context. ➤ Demonstrating an appreciation of various theoretical perspectives on cognition and learning in educational contexts. ➤ Developing insights into the facilitators of learning such as intelligence, emotion, imagination, creativity and self-processes. ➤ Understanding the social processes within the classroom and broader societal contexts that shape student's learning outcomes. 	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40
PART -B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Module / Unit	Topics (Course contents)		No. of Period
I	Conceptual and Theoretical Perspectives 1.1 Conceptual, Theoretical Perspectives and applications of Educational Psychology 1.2 Theories: Behavioristic, Social Learning and Cognitive Its Applications and Importance in Teaching		12
II	Information Processing Models 2.1 Instructional Models: Concept, Characteristics and Models 2.2 Teaching Method: Lecturing, Explaining and Questioning 2.3 Programmed Learning: Concept, Characteristics and Models		11
III	Human Diversity and Education 3.1 Learning Styles: Nature, Approaches to Learning Style 3.2 Special Education for various forms of Exceptionality 3.3 Mindfulness in learning		11
IV	Individual and Group Differences 4.1 Understanding educational stress and anxiety, bullying, parental and Peer pressure. 4.2 Education and technology in contemporary India.		11

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Sharma
Sharma

Arora *Patel* *Sharma* *Sharma* *Sharma* *Sharma* *Sharma*

Keywords	<i>Educational psychology, Behavioristic, social learning, Instruction, teaching method, Human diversity, Program learning, Learning style, Exceptionality, Mindfulness, bullying Peer pressure.</i>
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PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended –

1. Woolfolk, A., Misra, G., & Jha, A. (2012). *Fundamentals of Educational Psychology*. New Delhi, India: Pearson Pub.
2. Bruce, R. J., Weil, M., & Calhoun, E. (2014). *Models of Teaching* (9th Edition) Pearson.
3. De Secco, J. P. & Crawford, W. R. (1974). *The Psychology of Learning and Instruction*. Englewood Cliffs, NJ: Prentice Hall.
4. Ellis, R. S. (1965). *Educational Psychology, A Problem Approaches Affiliated*. New Delhi, East West Press.
5. Gage, N. L., & Berliner, D. C. (1998). *Educational Psychology* (6th ed.). Boston, MA: Houghton Mifflin.
6. Santrock, J. W. (2011). *Educational Psychology*. Tata McGraw Hill.
7. Schunk, D. H. (2012). *Learning Theories an Educational Perspective*, Sixth Edition. Pearson.
8. Travers, J. F. (1979). *Educational Psychology* (2nd Ed.)
9. Woolfolk, A. E. (1995). *Educational Psychology* (6th Ed.) Allyn & Bacon, London/ Boston.
10. Woolfolk, A. (2005). *Educational Psychology*, 9/E, Active Learning Edition. Allyn & Bacon, Boston.
11. Woolfolk, A., & Vij Shivani (2017). *Educational Psychology*. Pearson.
12. Singh, A.K. (2016) *Shiksha Manovigyan*, Motilal Banarasidas. Delhi
13. Mangal, S.K. (2009) *Shiksha Manovigyan*, Prentice Hall India Learning Private Limited

Reference Books Recommended

1. Badheka, G. (1997). Divaswapan. New Delhi, India: NBT.
2. Bruner, J. (1996). The culture of education. Cambridge: Harvard University Press.
3. Cornelissen, M., Misra G., & Varma, S. (2010). Foundations of Indian psychology (Vol. 2). New Delhi, India: Pearson.
4. Huppes, N. (2001). Psychic education: A workbook. Pondicherry, India: Sri Aurobindo Ashram.
5. Kapur, M. (2007). Learning from children what to teach them. New Delhi, India: Sage Publications.
6. Krishnamurti, J. (1974). On education. Ojai, California: Krishnamurti Foundation Trust.
7. National Council of Educational Research and Training. (2006). Position paper: National focus group on aims of education. In National Curriculum Framework 2005. New Delhi, India: NCERT.
8. Rogers, C. (1983). Freedom to learn in the 80s. USA: Charles R. Merrill Pub. Co.
9. Thapan, M. (Ed.) (2014). Ethnographies of schooling in contemporary India. New Delhi, India: Sage Pub.

Online Resources–

e-Resources / e-books and e-learning portals

- <https://egvankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Online Resources–**e-Resources / e-books and e-learning portals Reference:**

- Swayam Central
<https://swayam.gov.in>
- youtube

Part - D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:**

Maximum Marks: 100 Marks
 Continuous Internal Assessment (CIA): 30 Marks
 End Semester Exam (ESE): 70 Marks

Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

(Signature)
 (Convener)

(Signature)
 DR.A. Kausik

(Signature)
 Dr. Lalita Sahu

(Signature) - Dr. Rachita Shrivastava

(Signature) - (Smt. Jayshree Panchangam)

(Signature) - Alka Kerketta

(Signature) - Tripti Biswas

(Signature) - Chandan Thakur

(Signature) - Dr. A. Debnikar

(Signature) - Dr. P. Hara

(Signature) - Dr. B. K. Sankar

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester - VII	Session:2024-2025
1	Course Code	PSSE- 05P	
2	Course Title	Lab Course -5 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have ability of: > Skill development on managing FGDs > Case analysis skill development > Understanding regarding issues related to education	
6	Credit Value	01 Credit	(Credit = 30 Hrs for Practices/ Field work)
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20

PART -B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Module	Topics (ANY ONE)		No. of Period
1	A focus group discussion on how to create an emotionally secure classroom environment with openness to share ideas.		30
2	Case studies on bullying, examination stress, parental pressure, coaching centers like Kota in Indian context.		
3	Interviewing one's grandparents and parents and drawing a comparative analysis of change in education system with reference to one's own schooling		
Keywords	<i>Focus Group Discussion, Case Studies, Interview</i>		

PART-C	
Learning Resources: Text Books, Reference Books and Others	
<i>Reference Books Recommended</i>	
1. Black, T. R. (1988). Quantitative Research Designs for Social Sciences. Thousand Oaks: Sage. 2. Broota, K. D. (1992). Experimental Design in Behavioural Research. Wiley Eastern Ltd. New Delhi. 3. Kerlinger, D. & Katz, L. (1983). Foundation of Behavioural Research (2nd ed.) Surjeet Publication, Kamla Nagar, Delhi. 4. Kothari C.R. (2019). Research Methodology: Methods and Techniques. New Age Publishers Pvt Limited, 2019 Ed.-4 5. Mason, J. (1997). Qualitative Researching. Thousand Oaks: Sage. 6. Siegal, S. (1956). Non-Parametric Statistics for Behavioural Sciences. New York, McGraw Hill. 7. Winer, B.J. (1971). Statistical Principles in Experimental Design. New York, McGrawHill.	

Shubha
Anurag
Prachi

Rachna *Deepa* *Dr. Mintha*
bnno *Amal*

8. Braun; V & Clarke; V (2021) Thematic Analysis: A Practical Guide SAGE, 2021

Online Resources–

e-Resources / e-books and e-learning portals

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Online Resources–

e-Resources / e-books and e-learning portals Reference:

- Swayam Central
<https://swayam.gov.in>
- youtube

Part - D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 50 Marks

Continuous Internal Assessment (CIA): 15 Marks

End Semester Exam (ESE): 35 Marks

Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- 05	
	Total Marks - 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)- 20	
	B. Spotting based on tools & technology (written) (Presentation)- 10	
	C. Viva-voce (based on principle/technology) - 05	
	Total Marks- 35	

Name and Signature of Convener & Members of CBoS:

*Shukla
Prabhavati Shukla
Anand
(Chairman)*

*Dr. A. K. Rawshni
Dr. Lakshmi*

*Dr. Raelika Shrivastava
Aarti - Alka Kerketta
Anurag - Nishi Bisenas*

*Anand - Dr. A. Deoukar
G - Ghanashyam Thakur*

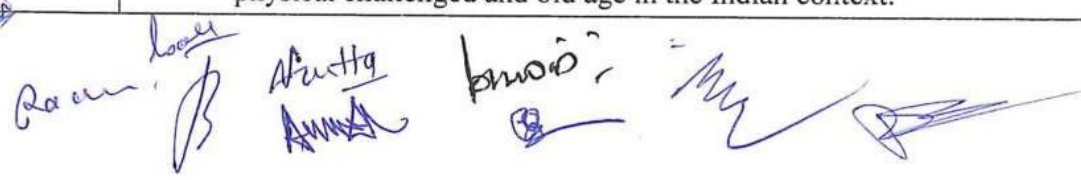
Dr. B. Hara

Dr. B. K. Saran

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts <i>(Honors/Honors with Research)</i>		Semester -VII	Session:2024-2025
1	Course Code	PSSE- 06T	
2	Course Title	Community Psychology	
3	Course Type	<i>Discipline Elective Course (DSE)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<p><i>After the completion of course, the students will have ability of:</i></p> <ul style="list-style-type: none"> ➤ <i>Understanding the role of Psychology in community development.</i> ➤ <i>Developing an appreciation of the core values that guide community psychology and facilitate community functions.</i> ➤ <i>Developing insights with respect to health promotion programs in communities, community program for child and maternal health, for physically challenged and elderly people in the Indian context, through case studies</i> 	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning & Observation</i>
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40
PART -B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics (Course contents)		No. of Period
I	Introduction to Community Psychology 1.1 Definition and Scope of Community Psychology; 1.2 Types Of Communities – Locality Based and Relational; 1.3 Models: Ecological Level and Social Action Model.		12
II	Core Values in Community Psychology: 2.1 Individual and Family Wellness; Sense of Community; Respect for Human Diversity; 2.2 Social Justice; Empowerment and Citizen Participation; Collaboration and Community Strengths 2.3 Community Functions – Socialization, and Supportive Functions.		11
III	Communities as setting for health promotion 3.1 Need and process of community organization and building for health promotion programming 3.2 Community program for child and maternal health, for physical challenged and old age in the Indian context.		11


 Dr. Shubra
 Associate Professor


 Dr. Anurag
 Dr. Anurag
 Dr. Anurag
 Dr. Anurag
 Dr. Anurag
 Dr. Anurag

IV	Interventions for Community Development and Empowerment 4.1 Concept and Practices for Community Development and Empowerment 4.2 Methods of Intervention in Community Psychology	11
Keywords	<i>Community Psychology, Wellness, Sense Of Community, Social Justice, Health Promotion, Intervention, Community Development</i>	

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

1. Lal, R.(2022) *Samudayik Manovigyan*, Motilal Banarsidas Publishing House
2. Mathur, S.S. (2020) *Adhunik Swasthy avm Samudayik Manovigyan*, Agrawal Publication

Reference Books Recommended

1. Banerjee, A., Banerji, R., Duflo, E., Gleneske, R., & Khenani, S. (2006) *Can Information Campaign start local participation and improve outcomes? A study of primary education in Uttar Pradesh, India*, World Bank Policy Research, Working Paper No.3967
2. Fetterman, D.M., Kaftarian, S.J. & Wandersman, A (Eds) (1996) *Empowerment Evaluation*, New Delhi : Sage Publication.
3. Kloos B. Hill, J Thomas, Wandersman A, Elias M.J. & Dalton J.H. (2012). *Community Psychology: Linking Individuals and Communities*, Wadsworth Cengage Learning.
4. McKenzie, J. F. Pinger, R. R. & Kotecki, J. E. (2005). *An introduction to community health*. United States: Jones and Bartlett Publishers.
5. Misra, G. (Ed). (2010) *Psychology in India*. Indian Council of Social Science Research. Dorling Kindersley (India) Pvt Ltd. Pearson Education
6. Poland, B. D., Green, L.W. & Rootman, I.(2000) *Setting for Health Promotion: Linking Theory and Practice*, Sage Publication, New Delhi

Online Resources–

e-Resources / e-books and e-learning portals

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Online Resources–

e-Resources / e-books and e-learning portals Reference:

- Swayam Central
<https://swayam.gov.in>
- youtube

Shubla
Anurag
Saurabh
Parul
Renuka
Arinias
Arthy
Arjun
Arjun

Part - D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks:	100 Marks	
Continuous Internal Assessment (CIA):	30 Marks	
End Semester Exam (ESE):	70 Marks	
Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

*Shubh
Babkenet Shri
(Convener)
(Chairman)*

*Dr. A. Kauskar
Dr. Lalita Sake*

*Members - Dr. N. P. Bissar
Rachita - Dr. Rachita Shrivastava
B - Smt. Jayshree Panchangam*

*Mechta - Alka Kerketta
G - Ghanshyam Thakur*

Dr. A. Deoskar

Dr. B. L. Sankar

Dr. B. Haran

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester - VII	Session:2024-2025
1	Course Code	PSSE-06P	
2	Course Title	Lab Course -6 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if any)	As per program	
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have ability of: <ul style="list-style-type: none"> ➤ Skill development on case studies ➤ Development of community orientation ➤ Understanding of NGOs functioning 	
6	Credit Value	01 Credit	(Credit = 30 Hrs for Practices/ Field work)
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20
PART -B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Module	Topic		No. of Period
1	Case studies (Primary or Secondary Data) of community intervention programs by the governmental and nongovernmental organizations in Indian context such as- <ul style="list-style-type: none"> a. Rural Panchayat Programs, b. Children's Education, c. Citizen Right, d. Self- Help Group, e. Social Accounting 		30
Keywords	<i>Rural Panchayat, Children Education, Citizen Right, Self Help Group</i>		
PART-C			
Learning Resources: Text Books, Reference Books and Others			
Reference Books Recommended – <ol style="list-style-type: none"> 1. Black, T. R. (1988). <i>Quantitative Research Designs for Social Sciences</i>. Thousand Oaks: Sage. 2. Broota, K. D. (1992). <i>Experimental Design in Behavioural Research</i>. Wiley Eastern Ltd. New Delhi. 3. Kerlinger, D. & Katz, L. (1983). <i>Foundation of Behavioural Research</i> (2nd ed.) Surjeet Publication, Kamla Nagar, Delhi. 4. Kothari C.R. (2019). <i>Research Methodology: Methods and Techniques</i>. New Age Publishers Pvt Limited, 2019 Ed.-4 5. Mason, J. (1997). <i>Qualitative Researching</i>. Thousand Oaks: Sage. 6. Siegal, S. (1956). <i>Non-Parametric Statistics for Behavioural Sciences</i>. New York, McGraw Hill. 7. Winer, B.J. (1971). <i>Statistical Principles in Experimental Design</i>. New York, McGrawHill. 8. Braun; V &Clarke; V (2021) <i>Thematic Analysis: A Practical Guide</i> SAGE, 2021 			

Shubh
Anand
Dhruv

Rajesh
Bhatnagar
Ankur
Ankur

Ankur
Ankur

Online Resources- e-Resources / e-books and e-learning portals		
<ul style="list-style-type: none"> ➤ https://egyankosh.ac.in/ ➤ https://epgp.inflibnet.ac.in/Home ➤ https://ndl.iitkgp.ac.in/homestudy/humanities 		
Online Resources- e-Resources / e-books and e-learning portals Reference:		
<ul style="list-style-type: none"> ➤ Swayam Central https://swayam.gov.in ➤ youtube 		
Part - D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 50 Marks		
Continuous Internal Assessment (CIA): 15 Marks		
End Semester Exam (ESE): 35 Marks		
Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- 05	
	Total Marks - 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)-	20
	B. Spotting based on tools & technology (written) (Presentation)-	10
	C. Viva-voce (based on principle/technology) -	05
	Total Marks-	35

Name and Signature of Convener & Members of CBoS:

Shubla
Bachchanati Shukla

Shubla
Bachchanati Shukla

Aashvi
DR. A. Kaushik

Dr. Lalita Sahay

Rachita - Dr. Rachita Shrivastava

Jyoti - Jyoti Parthasarathy

Alka - Alka Kerketta

Rishi - Rishi Bhatnagar

Dr. A. Deouskar

Chonshayan - Chonshayan Thakur

Dr. B. Hara

Dr. B. K. Sankar

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester -VII	
		Session:2024-2025	
1	Course Code	PSSE- 07T	
2	Course Title	Human Resource Management	
3	Course Type	Discipline Elective Course (DSE)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	<p>After the completion of course, the students will have ability of:</p> <ul style="list-style-type: none"> ➤ Developing the ability to assist HR departments in resolving human resource problems, particularly related to recruitment, selection, performance appraisal, training and career development. ➤ Demonstrating skills to conduct training needs analysis using appropriate quantitative/qualitative methods. ➤ Developing skills to conduct job analysis that could form the basis of selection instruments as well as performance appraisal system. ➤ Acquiring relevant abilities to map competencies of employees of an organization. ➤ Demonstrating multi-cultural knowledge of HRM and sensitivity towards diversity. 	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40
PART -B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics (Course contents)		No. of Period
I	Human Resource Management 1.1 Strategic and traditional HRM, HR manager proficiencies 1.2 Changing role and changing environment of HRM 1.3 Labor Legislation in India		12
II	Person-organization Fit 2.1 Job Analysis 2.2 Recruitment and selection 2.3 Performance management systems		11
III	Human Resource Development 3.1 Training need analysis (competency mapping), methods of training 3.2 Learning and development 3.3 Career development		11
IV	4.1 Understanding cultural and contextual differences 4.2 Context of globalization		11

Shukla
Anand
Anand

Rachna *Mehta* *Panch* *Govind* *Anand* *M* *P*

	4.3 Forms of IHRM/ Types of cross-national organizations (Domestic, International, & Transnational)	
Keywords	<i>Human Resource, Person- Organization, Career Development, Globalization, Cross National Organization.</i>	

PART-C
Learning Resources: Text Books, Reference Books and Others
Text Books Recommended
<ol style="list-style-type: none"> 1. Bansal. R. (2021) <i>Manav Sansadhan Prabandha</i>, SBPD Publication 2. Pandit, K. & Raina, P. (2023) <i>Manav Sansadhan Prabandh</i>, Sahitya Bhavan Publication 3. Banfield, P., & Kay, R. (2011). <i>Introduction to human Resource Management</i> (2nd Ed.). New Delhi, India: Oxford University Press. 4. DeCenzo, D. A., & Robbins, S. P. (2006). <i>Fundamentals of Human Resource Management</i> (8th Ed.). NY: Wiley.
Reference Books Recommended
<ol style="list-style-type: none"> 1. Dessler, G., & Varkkey, B. (2011). <i>Human Resource Management</i> (12th Ed.). New Delhi, India: Pearson Education. 2. Tayeb, M. H. (2005). <i>International Human Resource Management: A Multinational Company Perspective</i>. NY: Oxford University Press.
Online Resources— e-Resources / e-books and e-learning portals
<ul style="list-style-type: none"> ➤ https://egyankosh.ac.in/ ➤ https://epgp.inflibnet.ac.in/Home ➤ https://ndl.iitkgp.ac.in/homestudy/humanities
Online Resources— e-Resources / e-books and e-learning portals Reference:
<ul style="list-style-type: none"> ➤ Swayam Central https://swayam.gov.in ➤ youtube

Part - D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks:	100 Marks	
Continuous Internal Assessment (CIA):	30 Marks	
End Semester Exam (ESE):	70 Marks	
Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks

End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70
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Name and Signature of Convener & Members of CBoS:

Shukla
Dr. Babaraj Shukla

Sharma
Dr. Mahesh Sharma

Kaushik
DR. A. Kaushik

Das
Dr. Lalit Das

Rajika (Dr. Radhika Shrivastava)

Arora (Aika Kerketta)

Pandey Smt. Jayshree Panchangam

Prasad - *Rishi Prasad*

Amal - *Dr. A. Deuskar*

Chandrashekar *Chandrashekar Thar*

Dr. B. Hasan

Dr. B. K. Sankar

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester -VII	Session:2024-2025
1	Course Code	PSSE- 07P	
2	Course Title	Lab Course -7 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have ability of: ➤ Understanding of appraisal system ➤ Understanding of role responsibility of assistant and associate professors	
6	Credit Value	01 Credit	(Credit = 30 Hrs for Practices/ Field work)
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20
PART -B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Module	Topics (ANY ONE)		No. of Period
1	Providing students with a performance appraisal system and asking them to critically review it.		30
2	Asking students to do a job analysis of “assistant professors” and “associate professors” making use of critical incidents technique.		
3	Assigning students the task of competency mapping by providing them a set of competencies like leadership, team player, effective communicator etc.		
Keywords	<i>Appraisal System, Job Analysis, Leadership.</i>		

PART-C	
Learning Resources: Text Books, Reference Books and Others	
<i>Reference Books Recommended –</i>	
1. Black, T. R. (1988). <i>Quantitative Research Designs for Social Sciences</i> . Thousand Oaks: Sage. 2. Broota, K. D. (1992). <i>Experimental Design in Behavioural Research</i> . Wiley Eastern Ltd. New Delhi. 3. Kerlinger, D. & Katz, L. (1983). <i>Foundation of Behavioural Research</i> (2nd ed.) Surjeet Publication, Kamla Nagar, Delhi. 4. Kothari C.R. (2019). <i>Research Methodology: Methods and Techniques</i> . New Age Publishers Pvt Limited, 2019 Ed.-4 5. Mason, J. (1997). <i>Qualitative Researching</i> . Thousand Oaks: Sage. 6. Siegal, S. (1956). <i>Non-Parametric Statistics for Behavioural Sciences</i> . New York, McGraw Hill.	

Page | 71

7. Winer, B.J. (1971). *Statistical Principles in Experimental Design*. New York, Mc-Graw Hill.
8. Braun; V & Clarke; V (2021) *Thematic Analysis: A Practical Guide* SAGE, 2021

Online Resources–

e-Resources / e-books and e-learning portals

- <https://egvankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Online Resources–

e-Resources / e-books and e-learning portals Reference:

- Swayam Central
<https://swayam.gov.in>
- youtube

Part - D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 50 Marks
Continuous Internal Assessment (CIA): 15 Marks
End Semester Exam (ESE): 35 Marks

Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- 05	
	Total Marks - 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)- 20	
	B. Spotting based on tools & technology (written) (Presentation)- 10	
	C. Viva-voce (based on principle/technology) - 05	
	Total Marks- 35	

Name and Signature of Convener & Members of CBoS:

(Handwritten signatures and names of the Convener and members of the CBoS, including names like Dr. Rakhee Shrivastava, Smt. Jayshree Panchangam, Aika Kerketta, Kipti Boison, Chandram, Dr. A. Deouskar, Dr. M. Faruq, and Dr. B. K. Suresh.)

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts <i>(Honors/Honors with Research)</i>		Semester -VII	
Session:2024-2025			
1	Course Code	PSSE- 08T	
2	Course Title	Fundamentals of Clinical Psychology- 1	
3	Course Type	<i>Discipline Elective Course (DSE)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<p><i>After the completion of course, the students will have ability of:</i></p> <ul style="list-style-type: none"> ➤ <i>Developing a foundational knowledge of Clinical Psychology, its historical development (especially w.r.t India) and professional ethics.</i> ➤ <i>Acquiring knowledge and skills for distinguishing normal and abnormal behavior and learn the criteria of determining abnormality.</i> ➤ <i>Developing competencies for assessing the psychological functioning of individuals through techniques such as psychological assessment, observation and interviewing.</i> ➤ <i>Developing familiarity with the current diagnostic systems (current edition of the Diagnostic and Statistical Manual of Mental Disorders and International Classification of Diseases- Mental Disorder section)</i> ➤ <i>Acquiring knowledge about Anxiety Disorders and Trauma & Stressor-related, Dissociative and Personality Disorders.</i> ➤ <i>Developing sensitivity towards individual and cultural diversity and understanding its implication in clinical work especially within the Indian context.</i> ➤ <i>Understanding the essence of a reflective practitioner by engaging in reflective processes that make him or her aware of his or her strengths and vulnerabilities.</i> 	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning & Observation</i>
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40
PART -B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics (Course contents)	No. of Period	
I	Introduction 1.1. Definition of Clinical Psychology, Historical development of Clinical Psychology in (with special reference to India) 1.2. Ethics of the profession. 1.3 Concept of Abnormal Behavior	12	
II	Clinical Assessment and Classification	11	

Shubh
Anurag
Dhanu

Ravi
Pankaj
Mehra
Laxmi
Bhargava
Anurag
M

	2.1 Clinical Assessment: Clinical Interview (emphasis on Mental Status Examination-MSE), Case History and Observation 2.2 Psychological testing and Neuropsychological test Battery 2.3 Classification and Diagnosis: Classification models: DSM V (latest) and ICD (latest)	
III	Anxiety and Obsessive Compulsive Disorders: Clinical Picture and Etiology 3.1 Generalized Anxiety Disorder 3.2 Social Anxiety Disorder (Social Phobia) 3.3 Panic Disorder 3.4 Obsessive-Compulsive Disorder	11
IV	Trauma & Stressor-related, Dissociative and Personality Disorders: Clinical Picture and Etiology 4.1 Adjustment Disorder 4.2 Post-Traumatic Stress Disorder 4.3 Personality Disorders (Clusters A, B and C): Only Clinical Picture	11
Keywords	Clinical Psychology, Abnormal Behavior Clinical Assessment, Neuro Psychology, DSM , ICD, Anxiety Disorder, Personality Disorder	

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended –

- Hassan, S. (2004) *Naidanik Manovigyan*, Motilal Banarsidas, New Delhi
- Singh, A.K. (2021) *Uchatar Naidanik Manovigyan*, Motilal Banarsidas, International, New Delhi
- Korchin, S. J. (1978). *Modern Clinical Psychology: Principles of Intervention in the Clinical and Community*. International Edition.
- Korchin, S. J. (2004). *Modern Clinical Psychology: Principles of Intervention in the Clinical and Community*, 1st Edition. CBS Publisher.

Reference Book Recommended

- Beg, M. A., & Beg, S. (1996). Logotherapy and the Vedantic view of life and mental well-being. *Journal des Viktor-Frankl-Instituts*, 1, 97-112.
- Butcher, J.N., Hooly, J. M, Mineka, S. & Dwivedi, C.B (2017). *Abnormal Psychology*. New Delhi: Pearson.
- Hecker, J. E., & Thorpe, G. L. (2005). *Introduction to clinical psychology*. Delhi: Pearson Education.
- Husain, A., Beg, M. A., & Dwivedi, C. B. (2013). *Psychology of humanity and spirituality*. New Delhi: Research India Press.
- Llewelyn, S., Murphy, D. (Eds.) (2014). *What is clinical psychology?* Oxford UK: Oxford University Press.
- Plante, T. G. (2011). *Contemporary clinical psychology*. (3rd edition). New York: John Wiley & Sons.
- Pomerantz, A. M. (2008). *Clinical psychology: Science, practice and culture*. New Delhi: Sage Publications.
- Sommers-Flanagan, J. & Sommers-Flanagan, R. (2017). *Clinical Interviewing*. New Jersey:

Wiley
Online Resources– e-Resources / e-books and e-learning portals ➤ https://egyankosh.ac.in/ ➤ https://eppg.inflibnet.ac.in/Home ➤ https://ndl.iitkgp.ac.in/homestudy/humanities
Online Resources– e-Resources / e-books and e-learning portals Reference: ➤ Swayam Central https://swayam.gov.in ➤ youtube

Part - D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
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Name and Signature of Convener & Members of CBoS:

Bhaskar Prabhakar Shukla

Sanjay Chaturvedi

Arunima Awasthi *Saurabh Lalita*

Devi - Dr Radita Chivastar
Pank - Smt. Jayshree Panchang

Sheetal - Alka Kerketta
Jonno - Anupam Biswas
Amal - Chandan Kumar Tripathy
Dr. A. Deoraskar

Dr. B. K. Sankar

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester -VII	Session:2024-2025
1	Course Code	PSSE- 08P	
2	Course Title	Lab Course -8 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	<i>After the completion of course, the students will have ability of:</i> > Understanding of counseling process > Development of counseling skills > Data recording skill development	
6	Credit Value	01 Credit	(Credit = 30 Hrs for Practices/ Field work)
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20
PART -B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Module	Topics (ANY ONE)		No. of Period
1	Watching the video recording of the counseling sessions of Carl Rogers, Fritz Perls and Albert Ellis with the client Gloria and doing a comparative analysis.		30
2	Mental health in the youth and creating an awareness campaign: A two phase project with the students can be designed. --- One phase involving Focus group discussion with youth in different colleges/institutes and collecting data on the nature of psychological issues, concerns and problems faced by them, barriers in seeking help, their response to someone who is having mental health problems, their support system etc. Based on the needs analysis conducted in phase 1, an awareness campaign can be created (video on awareness or any other form of campaign)		
Keywords	<i>Video Recording, Counseling Session, Awareness Campaign, Focus Group Discussion.</i>		

PART-C	
Learning Resources: Text Books, Reference Books and Others	
<i>Reference Books Recommended –</i>	
1. Mason, J. (1997). <i>Qualitative Researching</i> . Thousand Oaks: Sage.	

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2. Siegal, S. (1956). *Non-Parametric Statistics for Behavioural Sciences*. New York, McGraw Hill.
3. Winer, B.J. (1971). *Statistical Principles in Experimental Design*. New York, McGraw Hill.
4. Braun; V & Clarke; V (2021) *Thematic Analysis: A Practical Guide* SAGE, 2021
5. *Counseling Skills: A Practical Guide for Counselors and Helping Professionals*(2011) Open University Press; 2nd edition (4 November 2011)

Online Resources–

e-Resources / e-books and e-learning portals

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Online Resources–

e-Resources / e-books and e-learning portals Reference:

- Swayam Central
<https://swayam.gov.in>
- youtube

Part - D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 50 Marks

Continuous Internal Assessment (CIA): 15 Marks

End Semester Exam (ESE): 35 Marks

Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2):	10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
	Assignment/Seminar+ Attendance-	05	
	Total Marks -	15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment		
	A. Performed the Task based on lab. Work (Activity Report Submission)-	20	
	B. Spotting based on tools & technology (written) (Presentation)-	10	
	C. Viva-voce (based on principle/technology) -	05	
	Total Marks-	35	

Name and Signature of Convener & Members of CBoS:

Dr. Prabhakar Singh
Dr. Anand
(Lakshman)

Anusha
Aravind

Dr. Anurag
Lakshman

Dr. Radhika Chaitanya
Smt. Sushree Panchangam

Dr. Arathi
Dr. Alka Kestheta

Dr. Anurag
Dr. Anurag
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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester - VII	
		Session:2024-2025	
1	Course Code	PSSE-T	
2	Course Title	Research Methodology	
3	Course Type	Discipline Elective Course (DSE)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	<p>After the completion of course, the students will have ability of:</p> <ul style="list-style-type: none"> ➤ Awareness of the basic features of various types of research undertaken with human beings and understanding of the use of basic terminology used in human research. ➤ Demonstrate ability to plan simple experiments and state its requirements. Also, to develop awareness of the critical components of experimental design and its conduction. ➤ Developing familiarity with different kinds of measures and techniques for assessing individual differences. ➤ Understanding the distinctive features of a select qualitative research methods and plan small qualitative research. ➤ Understanding the important components of different types of research report and observing the precautions to maintain ethical and moral integrity of the researcher. 	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40
PART -B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics (Course contents)		No. of Period
I	Introduction 1.1 Meaning of Research and its purposes 1.2 The process and steps of Scientific Research 1.3 Identifying a Research Problem 1.4 Main types of research: Descriptive, Experimental, Correlational, and Non- Experimental. 1.5 The notion of Variable and its types: Independent, Dependent and Control		12
II	Experimentation 2.1 Basic ideas: Research design, hypothesis, theory, observation and data;		11

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	2.2 Manipulation, selection and measurement 2.3 Basic experimental design: Control and experimental groups 2.4 Factorial design	
III	Sampling 3.1 Probability: Simple Random, Stratified and Cluster; 3.2 Non- Probability: Accidental, Quota and Purposive, 3.3 Notion of Theoretical Sampling in Qualitative Research and Sampling Size	11
IV	Qualitative Methods and Report Writing 4.1 Qualitative methods: Observation, Ethnography, Interview and Thematic analysis 4.2 Report Writing for different kinds of reports: Reviews, Experimental reports, Correlational studies 4.3 Ethical and Moral considerations during research	11
Keywords	<i>Research, Problem, Hypothesis, Variable, Research Design, Probability, Sampling, Qualitative Method.</i>	

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended –

1. Black, T. R. (1988). Quantitative Research Designs for Social Sciences. Thousand Oaks: Sage.
2. Broota, K. D. (1992). Experimental Design in Behavioural Research. Wiley Eastern Ltd. New Delhi.
3. Kerlinger, D. & Katz, L. (1983). Foundation of Behavioural Research (2nd ed.) Surjeet Publication, Kamla Nagar, Delhi.
4. Kothari C.R. (2019). Research Methodology: Methods and Techniques. New Age Publishers Pvt Limited, 2019 Ed.-4

Reference Book Recommended

1. Mason, J. (1997). Qualitative Researching. Thousand Oaks: Sage.
2. Siegal, S. (1956). Non-Parametric Statistics for Behavioural Sciences. New York, McGraw Hill.
3. Winer, B.J. (1971). Statistical Principles in Experimental Design. New York, McGraw Hill.
4. Braun; V & Clarke; V (2021) Thematic Analysis: A Practical Guide SAGE, 2021

Online Resources–

e-Resources / e-books and e-learning portals

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Online Resources–

e-Resources / e-books and e-learning portals Reference:

- Swayam Central
<https://swayam.gov.in>
- youtube

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Part - D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 100 Marks		
Continuous Internal Assessment (CIA): 30 Marks		
End Semester Exam (ESE): 70 Marks		
Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

Dr. R. S. Shinde
Prabhakar Shinde
Dr. S. S. Shinde
Dr. S. S. Shinde

Dr. S. S. Shinde
Dr. S. S. Shinde

Rachit - Dr. Rachit Shivacharya

Aruna - Alka Kerketta

Tripti - Pooja Joshi

Dr. A. Deouskar

Ghanashyam Thakur

B. Hasan

a. B. K. Sankar

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester -VII	
Session:2024-2025			
1	Course Code	PSSE-P	
2	Course Title	Lab Course -(Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	➤ Understanding the process of qualitative research process ➤ Understanding the process of quantitative research process	
6	Credit Value	01 Credit	(Credit = 30 Hrs for Practices/ Field work)
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20
PART -B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Module	Topic (Course contents)		No. of Period
1	Project based on Qualitative or Quantitative Research		30
Keywords	Qualitative Research, Quantitative Research		

PART-C	
Learning Resources: Text Books, Reference Books and Others	
<i>References Books Recommended –</i>	
1. Black, T. R. (1988). Quantitative Research Designs for Social Sciences. Thousand Oaks: Sage. 2. Broota, K. D. (1992). Experimental Design in Behavioural Research. Wiley Eastern Ltd. New Delhi. 3. Kerlinger, D. & Katz, L. (1983). Foundation of Behavioural Research (2nd ed.) Surjeet Publication, Kamla Nagar, Delhi. 4. Kothari C.R. (2019). Research Methodology: Methods and Techniques. New Age Publishers Pvt Limited, 2019 Ed.-4 5. Mason, J. (1997). Qualitative Researching. Thousand Oaks: Sage. 6. Siegal, S. (1956). Non-Parametric Statistics for Behavioural Sciences. New York, McGraw Hill. 7. Winer, B.J. (1971). Statistical Principles in Experimental Design. New York, McGrawHill. 8. Braun; V & Clarke; V (2021) Thematic Analysis: A Practical Guide SAGE, 2021	
Online Resources–	
e-Resources / e-books and e-learning portals	
	➤ https://egyankosh.ac.in/ ➤ https://epgp.inflibnet.ac.in/Home ➤ https://ndl.iitkgp.ac.in/homestudy/humanities

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Online Resources–**e-Resources / e-books and e-learning portals Reference:**

- Swayam Central
<https://swayam.gov.in>
- youtube

Part - D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:**

Maximum Marks: 50 Marks
Continuous Internal Assessment (CIA): 15 Marks
End Semester Exam (ESE): 35 Marks

Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- 05	
	Total Marks - 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)-20	
	B. Spotting based on tools & technology (written) (Presentation)-	10
	C. Viva-voce (based on principle/technology) -	05
	Total Marks-	35

Name and Signature of Convener & Members of CBoS:

Shubla Babhrawati Shukla

Amrita
Jhalani

Amrini
Aravindika

Deepa - Dr. Rachita Shrivastava

Shetty - Alka Kesketta

Bhosle - Priya Biswas

Amrini - Dr. A. Deouskar

Chandhyan Thakur

Dr. B. Haran

Dr. B. K. Sankar

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester - VIII	Session:2024-2025
1	Course Code	PSSC- 08T	
2	Course Title	Fundamentals of Counseling	
3	Course Type	Discipline Specific Course (DSC)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	<ul style="list-style-type: none"> ➤ After the completion of course, the students will have ability to: ➤ Developing a basic understanding of counseling as a profession. ➤ Gaining an overview of basic approaches, theories and techniques in counseling. ➤ Developing awareness about the contemporary issues and challenges in counseling. ➤ Learning about the newer forms of therapy like solution focused therapy, narrative therapy etc. 	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40
PART -B: Content of the Course			
Total No. of Teaching–Learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics (Course contents)	No. of Period	
I	Introduction to counseling as a profession 1.1 Nature and Goals 1.2 Professional ethics (Latest version of American Counseling Association–ACA) 1.3 Contemporary issues and challenges; challenge of online-Counseling and tele-counseling.	12	
II	Approaches to Counseling- I 2.1 Person centered approach 2.2 Psychodynamic approach 2.3 Behavioral approach; Relaxation, Systematic Desensitization, 2.4 Cognitive behavioral approach: CBT.	11	
III	Approaches to Counseling II 3.1 Narrative therapy 3.2 Solution Focused therapy 3.3 Creative and Expressive arts therapy 3.4 Music therapy	11	

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IV	<p>Counseling Applications</p> <p>4.1 Child Counseling 4.2 Family Counseling 4.3 Career Counseling 4.4 Crisis Intervention: Suicide, Grief, and Sexual Abuse</p>	11
Keywords	<p><i>Counseling, Person Centered Approach, Cognitive Approach, Solution Focused Therapy Family Counseling Career Counseling, Child Counseling.</i></p>	

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended –

1. Aguilera, D.C. (1998). *Crisis Intervention: Theory and Methodology* (8thEd.) Philadelphia: Mosby.
- Belkin, G. S. (1998). *Introduction to Counselling* (3rd Ed.) Iowa: W. C. Brown.
2. Capuzzi, D. & Gross, D. R. (2007). *Counselling and Psychotherapy: Theories and Interventions* (4th Ed.) New Delhi. Pearson.
3. Kapur, M. (2011). *Counselling Children with Psychological Problems*. New Delhi, Pearson.
4. Sharf, R. S. (2012). *Theories of Psychotherapy and Counseling: Concepts and Cases*. 5th Edition. Belmont: Brooks/Cole (Cengage Learning).
5. Singh, A.K. (2009) *Naidanik Manovigyan*, Motilal Banarsidas, Delhi

Reference Book Recommended

1. Corey, G. (2009) *Counselling and Psychotherapy; Theory and Practice*. (7th Ed.) New Delhi: Cengage Learning.
2. Friedlander, M.L. & Diamond, G.M. (2012). *Couple and Family Therapy*. In
3. E. M. Altmaier and J.C. Hansen (Eds.) *The Oxford Handbook of Counselling Psychology*. New York: Oxford University Press

Online Resources–

e-Resources / e-books and e-learning portals

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Online Resources–

e-Resources / e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- Youtube

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Part - D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:		
Maximum Marks:	100 Marks	
Continuous Internal Assessment (CIA):	30 Marks	
End Semester Exam (ESE):	70 Marks	
Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks =70	

Name and Signature of Convener & Members of CBoS:

*Shubra
Bhatnagar*

*Shweta
Sulaskian*

*Anshu
Awantika*

Rank - Dr. Rachita Shivastavi

Arcty - Alka Kerketta

Arnoo - Gauri Biswas

Arna - Dr. A. Deouskar,

GhanShyam Tripathi

Dr. B. K. Sankar

Dr. B. K. Sankar

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts <i>(Honors/Honors with Research)</i>		Semester - VIII	
		Session:2024-2025	
1	Course Code	PSSC- 08P	
2	Course Title	Lab Course -8 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<i>After the completion of course, the students will have ability to:</i> ➤ <i>Understand the personality characteristics of team captain.</i> ➤ <i>Understand the personality of team members and coach.</i>	
6	Credit Value	01 Credit	<i>(Credit = 30 Hrs for Practices/ Field work)</i>
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20
PART -B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Module	Topics (ANY ONE)	No. of Period	
1	Case Study	30	
2	Visit to Counseling center and make a report		
Keywords	<i>Case Study, Counseling</i>		
PART-C			
Learning Resources: Text Books, Reference Books and Others			
Reference Books Recommended –			
1. Corey, G. (2009) <i>Counselling and Psychotherapy; Theory and Practice.</i> (7th Ed.) New Delhi: Cengage Learning. 2. Friedlander, M.L. & Diamond, G.M. (2012). <i>Couple and Family Therapy.</i> In E. M. Altmaier and J.C. Hansen (Eds.) <i>The Oxford Handbook of Counselling Psychology.</i> New York: Oxford University Press 3. Kapur, M. (2011). <i>Counselling Children with Psychological Problems.</i> New Delhi, Pearson. 4. Sharf, R. S. (2012). <i>Theories of Psychotherapy and Counseling: Concepts and Cases.</i> 5 th Edition. Belmont: Brooks/Cole (Cengage Learning). 5. Singh, A.K.(2009) <i>Naidanik Manovigyan,</i> Motilal Banarsidas, Delhi			
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e-Resources / e-books and e-learning portals			
➤ https://egvankosh.ac.in/ ➤ https://epgp.inflibnet.ac.in/Home ➤ https://ndl.iitkgp.ac.in/homestudy/humanities			
Online Resources–			
e-Resources / e-books and e-learning portals			
➤ Swayam Central			

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<https://swayam.gov.in>

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Part - D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 50 Marks

Continuous Internal Assessment (CIA): 15 Marks

End Semester Exam (ESE): 35 Marks

Internal Assessment: Continuous Comprehensive Evaluation (CCE)	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
	Assignment/Seminar+ Attendance- 05	
	Total Marks - 15	
Semester End Exam (SEE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)-20	
	B. Spotting based on tools & technology (written) (Presentation)- 10	
	C. Viva-voce (based on principle/technology) - 05	
	Total Marks- 35	

Name and Signature of Convener & Members of CBoS:

Shubla
Rabha
Chand
Ankur

Amrta
Aravind
Dr. Lalit K. Saha

Reela - Dr. Radha Shekhar
Panch - Smt. Jayshree Panchangam
Artha - Alka Kerketta
Amrta - Tripti Bisen
Amrta - Dr. A. Deonkar
Dr. - Chanshram Thakur

Dr. B. Hara
Dr. B.K. Saha

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction		
Program: Bachelor in Arts (Honors/Honors with Research)		Semester - VIII
Session:2024-2025		
1	Course Code	PSSE- 09T
2	Course Title	Forensic Psychology
3	Course Type	Discipline Elective Course (DSE)
4	Pre-requisite(if, any)	As per program
5	Course Learning Outcomes (CLO)	<p>After the completion of course, the students will have ability of:</p> <ul style="list-style-type: none"> ➤ Being able to conceptualize forensic psychology as a distinct discipline within the wider field of psychology as well as an understanding of its historical roots. ➤ Developing an understanding how various theories and principles of psychology are applied in the court of law and criminal justice system. ➤ Understanding the roles of forensic psychologists and psychologists in court, and demonstrating knowledge of key issues in forensic psychology including eyewitness testimony and false confession. ➤ Developing a working knowledge and understanding of the basic theory and methods of investigation used in forensic psychology with an emphasis on crime scene analysis and forensic psychological tools. ➤ Learning about the forensic interviewing with the help of advanced tools used in crime investigation. ➤ Demonstrating ability to developing offender or criminal profiling ➤ Demonstrating working knowledge of forensic report writing and providing psychological consultancy in forensic setting.
6	Credit Value	03 Credit Credit = 15 Hours - learning & Observation
7	Total Marks	Max. Marks: 100 Min Passing Marks: 40

PART -B: Content of the Course		
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)		
Unit	Topics (Course contents)	No. of Period
I	Introduction 1.1 Defining forensic psychology 1.2 History of forensic psychology 1.3 The roles of the Forensic Psychologist: Clinical and Experimental 1.4 Assessment and Evaluation in Forensic Psychology	12
II	Criminal Psychology 2.1 Introduction to Criminal Psychology 2.2 Theories applied to Criminal psychology	11

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	2.3 Offender Typologies and Criminal Profiling	
III	Police, Investigative and Correctional Psychology 3.1 Police Psychology 3.2 Investigative Psychology 3.3 Eye-witness and Witness Protection 3.4 Correctional Psychology	11
IV	Application of Forensic Psychology 4.1 Forensic Psychology and Child Related Issues 4.2 Juvenile Delinquency 4.3 Psychopathology of Homicide 4.4 Dynamics of Serial Killings	11
Keywords	<i>Forensic Psychology, Criminal Psychology, Offender, Correctional Psychology, Witness Protection, Juvenile Delinquency</i>	

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended –

1. Batchman, R., & Schutt, R. K. (2008). *Fundamentals of research in criminology and criminal justice*. London: Sage.
2. Haward, L. (1981). *Forensic psychology*. London: Batsford Academic and Educational Ltd.
3. Howitt, D. (2002). *Forensic and criminal psychology*. New Delhi, India: Prentice Hall.
4. Loftus, E. F. (1996). *Eyewitness testimony: With a new preface*. Cambridge, MA: Harvard University Press.
5. Ross, F. D., Read, D. J., & Toglia, M. P. (1994). *Adult eyewitness testimony*. New York: Cambridge University Press.
6. Webb, D. (2013). *Criminal profiling: An introductory Guide*. UK: Independent Publishing Platform.
7. Wrightsman, L. S. & Fulero, S. M. (2008). *Forensic psychology* (3rd Ed.). Belmont, CA: Wadsworth Publishing Co.
8. Connolly, I., Palmer, M., Barton, H. & Kirwan, G. (eds.), (2016). *Introduction to Cyber Psychology*. London: Routledge

Online Resources–

e-Resources / e-books and e-learning portals

- <https://egvankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Online Resources–

e-Resources / e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- youtube

Shukla
Amal Kumar
Saurav
Deep
Rishi
Pankaj
Ashu
Arjun
Arjun

Part - D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 100 Marks		
Continuous Internal Assessment (CIA): 30 Marks		
End Semester Exam (ESE): 70 Marks		
Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks =70	

Name and Signature of Convener & Members of CBoS:

Shukla

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Anshu Kishore

[Signature]
Anshu Kishore

[Signature]
Pankaj Smt. Jayshree Panchangam

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Anita

[Signature]
Anita

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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction

Program: Bachelor in Arts (Honors/Honors with Research)		Semester - VIII	Session:2024-2025
1	Course Code	PSSE- 09P	
2	Course Title	Lab Course -9 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have ability of: ➤ Skills on mental health assessment ➤ Skills on handwriting analysis ➤ Understanding of cognitive interviews	
6	Credit Value	01 Credit	(Credit = 30 Hrs for Practices/ Field work)
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20

PART -B: Content of the Course

Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)

Module	Topics (ANY ONE)	No. of Period
1	Carrying out handwriting analysis so that the student can investigate characteristics of handwriting for gaining clues about the perpetrator.	30
2	To visit a forensic biology lab to learn the basic techniques and tools being used in the field.	
3	Conducting forensic and cognitive interviews to elicit detailed information about a possible event.	
4	Conducting forensic mental health assessments based on appropriate psychological principles in the forensic context.	

Keywords *Handwriting Analysis, Forensic Biology, Forensic Mental Health Assessment*

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended -

Online Resources-

e-Resources / e-books and e-learning portals

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Online Resources-

e-Resources / e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- youtube

Part - D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 50 Marks

Continuous Internal Assessment (CIA): 15 Marks

End Semester Exam (ESE): 35 Marks

Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2): 10 & 10 Assignment/Seminar+ Attendance- 05 Total Marks - 15	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment A. Performed the Task based on lab. Work (Activity Report Submission)-20 B. Spotting based on tools & technology (written) (Presentation)- 10 C. Viva-voce (based on principle/technology) - 05 Total Marks- 35	

Name and Signature of Convener & Members of CBoS:

*Bhude
Rachayati Shinde*

*Anand
Ahaluwan*

*Hans
Awarhikya*

*Basu
Lalitkumar*

Rach - Dr. Rachita Shivakar

Pankh - Smt. Jyotsna Panchangam

Arutya - Alka Kerketta

Tomris - Wipro Biswas

Anna - Dr. A. Deuskar

Ch - Ghanshyam Thakur

Dr. B. Hasan

Dr. B. K. Sanjay

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction	
Program: Bachelor in Arts (Honors/Honors with Research)	Semester -VIII Session:2024-2025
1 Course Code	PSSE- 10T
2 Course Title	Environmental Psychology
3 Course Type	Discipline Elective Course (DSE)
4 Pre-requisite(if, any)	As per program
5 Course Learning Outcomes (CLO)	<p>After the completion of course, the students will have ability of:</p> <ul style="list-style-type: none"> ➤ Understanding the role of psychological processes (people's attitude, beliefs) in people's responses to environmental problems. ➤ Understanding the processes related to environmental degradation and their impact on human life. ➤ Understanding pro-environment behavior and human-environment transaction, and being able to design behavioral interventions to minimize the adverse effects of anti-environment behavior.
6 Credit Value	03 Credit Credit = 15 Hours - learning & Observation
7 Total Marks	Max. Marks: 100 Min Passing Marks: 40

PART -B: Content of the Course

Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)

Unit	Topics (Course contents)	No. of Period
I	Emergence of Environmental Psychology and its growth 1.1 Definition and scope. Human-environment relationship: different worldviews to understand human-environment relationship. 1.2 Salient features of Environmental Psychology. 1.3 Recent Trends and Future Directions in Environmental Psychology. 1.4 Indian views on Human-Environment Relationship.	12
II	Human-Environment Transaction 2.1 Effects of Environment on Behavior- Noise, Pollution, Chemical pollution, Crowding and Personal space. 2.2 Effect of behavior on Environment Perception Preferences and Awareness of Environment	11
III	Environmental Stress: 3.1 Concept and type of stress. 3.2 Sources of stressors: Cataclysmic, Ambient Stressors, Daily Hassles. 3.3 Pollutions: Noise, Air, Water, Chemical and their consequences	11
IV	Pro-Environmental Behavior 4.1 Changing the Environmental Destructive Mindset 4.2 Environmental Education, Environmental Prompts and Cues.	11

Handwritten signatures and initials:
1/2/2024
Aashu
Rachin
Aashu

Handwritten signatures and initials:
baer
Pank
Anish
Anish
Anish
Anish

	4.3 Reinforcement Strategies, Environmental Movements.
Keywords	<i>Environmental Psychology, Human Environment Relationship, Transactions, Stress, Pollution, Pro Environmental Behavior, Environmental Education.</i>
PART-C	
Learning Resources: Text Books, Reference Books and Others	
Text Books Recommended	
<ol style="list-style-type: none"> 1. Fisher, J.D., Bell, P.A., and Baum, A. (1984). <i>Environmental Psychology</i>. NY: Holt, Rinehart and Winston. 2. Jain, U. (1987). <i>The psychological consequences on crowding</i>. New Delhi, India: Sage. 3. Jain, U., & Palsane, M. N. (2004). Environment and behaviour. In J. Pandey (Ed.), <i>Psychology in India revisited: Developments in the discipline (Vol. 3: Applied social and organizational psychology</i>, pp. 261-308). New Delhi, India: Sage. 4. Nagar, D. (2006). <i>Environmental psychology</i>. New Delhi, India: Concept. 	
Online Resources–	
e-Resources / e-books and e-learning portals	
<ul style="list-style-type: none"> ➤ https://egvankosh.ac.in/ ➤ https://epgp.inflibnet.ac.in/Home ➤ https://ndl.iitkgp.ac.in/homestudy/humanities 	
Online Resources–	
e-Resources / e-books and e-learning portals	
<ul style="list-style-type: none"> ➤ Swayam Central https://swayam.gov.in ➤ youtube 	

Part - D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks:	100 Marks	
Continuous Internal Assessment (CIA):	30 Marks	
End Semester Exam (ESE):	70 Marks	
Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

Dr. B. H. S. V.
Prabhavathi
Dr. B. H. S. V.
Dr. B. H. S. V.

Dr. B. H. S. V.
Dr. B. H. S. V.
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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts <i>(Honors/Honors with Research)</i>		Semester -VIII	
Session:2024-2025			
1	Course Code	PSSE- 10P	
2	Course Title	Lab Course -10 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<i>After the completion of course, the students will have ability of:</i> > <i>Insight about the environmental stressors in terms of locale</i> > <i>Understanding of destructive mindDiscipline Electivec Course (DSE)t towards environment</i> > <i>Awareness regarding environmental movements</i>	
6	Credit Value	01 Credit	<i>(Credit = 30 Hrs for Practices/ Field work)</i>
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20

PART -B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Module	Topics (ANYONE)	No. of Period	
1	Preparing a checklist of environmental stressors of rural and urban life, and collecting data.	30	
2	Profiling the environmentally destructive mindset observing in public places like hospitals, railway stations, metro stations, bus stops, roads etc. and identifying those people who engage in anti-environmental behavior, seeking consent from them to participate in a study.		
3	Making presentations of successful environmental movements across the world like the Chipko movement, Green Peace “Save the Antarctic” etc.		
Keywords <i>Environmental Stressor, Destructive mindset Environmental Movement.</i>			

PART-C	
Learning Resources: Text Books, Reference Books and Others	
Reference Books Recommended –	
1.Fisher, J.D., Bell, P.A., and Baum, A. (1984). Environmental Psychology. NY: Holt, Rinchart and Winston. 2.Jain, U. (1987). The psychological consequences on crowding. New Delhi, India: Sage. 3.Jain, U., & Palsane, M. N. (2004). Environment and behaviour. In J. Pandey (Ed.), Psychology in India revisited: Developments in the discipline (Vol. 3: Applied social and organizational psychology, pp. 261-308). New Delhi, India: Sage	

4.Nagar, D. (2006). Environmental psychology. New Delhi, India: Concept

Online Resources–

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Online Resources–

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Part - D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 50 Marks
Continuous Internal Assessment (CIA): 15 Marks
End Semester Exam (ESE): 35 Marks

Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2): 10 & 10 Assignment/Seminar+ Attendance- 05 Total Marks - 15	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment A. Performed the Task based on lab. Work (Activity Report Submission)- 20 B. Spotting based on tools & technology (written) (Presentation)– 10 C. Viva-voce (based on principle/technology) - 05 Total Marks- 35	

Bhuckla
Prabhakar Singh
(Chairman)
Hanshi
Arunka
Lalita
Lalita
Rachna - Dr Radhika Shrivastava
Pooja - Smt. Jayshree Panchangam
Neeta - Alka Kerketta
Prachi - Priya Biswas
Amma - Dr. A. Desai
Dr. B. Han
Dr. B. Santh
Name and Signature of Convener & Members of CBoS:

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts <i>(Honors/Honors with Research)</i>		Semester - VIII	
Session:2024-2025			
1	Course Code	PSSE- 11T	
2	Course Title	Foundations of Organizational Psychology	
3	Course Type	<i>Discipline Elective Course (DSE)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<p><i>After the completion of course, the students will have ability of:</i></p> <ul style="list-style-type: none"> ➤ <i>Developing a deeper understanding of conceptual and theoretical bases of motivation and employees' work attitudes and their relationship with performance and organizational outcomes.</i> ➤ <i>Understanding leadership processes from different theoretical perspectives.</i> ➤ <i>Understanding group dynamics, working through conflicts and working in teams.</i> 	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning & Observation</i>
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40
PART -B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics (Course contents)	No. of Period	
I	Introduction 1.1 Nature and facets of organizational psychology, Contribution of other social science subjects to organizational psychology. 1.2 Historical Developments: The Early Years, Classical School: Taylor, Fayol & Weber. Human Relations Approach. Concept of organizational change. 1.3 Organizational Psychology in the Indian context: Replication and Integration.	12	
II	Employee motivation and Job Attitudes 2.1 Nature of Work motivation, Five key concepts (Behavior, Performance, Ability, Situation and Motivation), Role of self-esteem in motivation 2.2 Theories of Work motivation: Content theory (Herzberg), Process theories: Vroom's Expectancy Theory and Goal Setting theory, 2.3 Job Attitude: Positive Organizational Behavior, Brief Introduction to Organizational Commitment, Employee ² - Engagement. 2.4 Work Values and concept of organizational culture	11	
III	Leadership and the Influence process	11	

	<p>3.1 Conceptual Foundations: Leaders versus Managers, Themes in Leadership: Positional Power, Leader Emergence versus Leader Effectiveness.</p> <p>3.2 The Situational Approach: Path Goal theory. Transformational and Charismatic leadership. The Implicit leadership theory.</p> <p>3.3 Indigenous Theories: Performance-Maintenance theory, Nurturing Task-participative (NT-P) Model of Leadership, Pioneering-Innovative Theory of Leadership.</p>	
IV	<p>Group Behavior, Teams and conflicts</p> <p>4.1 Nature, functions and types of groups. Group Structure: Role differentiation, Status differentiation and Norm's formation.</p> <p>4.2 Factors affecting group performance: Homogeneity of group, stability of membership, Group size, Group status, and Communication structure.</p> <p>4.3 Co-operation and competition, Conflicts and its Management and Negotiation process.</p> <p>4.4 Team Work: Genesis, Teams and Groups, Cultural Influences on Team work: Teams in the Indian context</p>	11

Keywords *Organization Psychology, Employee Motivation, Job Attitudes, Work Motivation , Organizational Culture, Leadership , Situational Approach,*

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended –

1. Aamodt, M. G. (2016). *Industrial/Organizational psychology: An applied approach*. Boston: Cengage Learning.
 2. Kalra, S. K. (2004). Consultative managerial leadership style in India: A viable alternative. In
 3. P. N. Mukherjee, & C. Sengupta (Eds.), *Indiginity and universality in social sciences: A south asian response*. New Delhi: Sage Publications.
 4. Muchinsky, P. M., & Culbertson, S. S. (2016). *Psychology applied to work*. Summerfield, NC: Hypergraphic Press.
 5. Pareek, U. (2007). *Understanding organizational behaviour*. New Delhi: Oxford University Press.
 6. Pareek, U., & Gupta, R. K. (2010). *Organizational behaviour*. New Delhi: Tata McGraw Hill.
- Sinha, J. B. P. (2008). *Culture and organizational behavior*. New Delhi, India: Sage Publications.

Online Resources–

e-Resources / e-books and e-learning portals

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Amrita Bhaskar
Amal
Sushmi
Ravi
Arjun
Arctic
Binoas
Mr

Online Resources-**e-Resources / e-books and e-learning portals**

➤ Swayam Central

<https://swayam.gov.in>

➤ youtube

Part - D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:****Maximum Marks: 100 Marks****Continuous Internal Assessment (CIA): 30 Marks****End Semester Exam (ESE): 70 Marks**

Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section - A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

Shubla
Barbhoury Shukla
Convener
Lakshmi

Amrita
Awarthika
Convener
Lakshmi Sekar

Rachita - *Dr. Rachita Shrivastava*

Pooja - *Smt. Jayshree Panchang*

Arctha - *Alka Kerketta*

Anuraj - *Tripti Biswas*

Anuraj - *Dr. A. Deveshwar*

Dr. - *Ghanashyam Thakur*

Dr. - *Dr. B. Hena*

Dr. - *Dr. B. K. Sankar*

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction		
Program: Bachelor in Arts <i>(Honors/Honors with Research)</i>	Semester - VIII	Session:2024-2025
1	Course Code	PSSE- 11P
2	Course Title	Lab Course -11 (Activity)
3	Course Type	Laboratory Course
4	Pre-requisite(if, any)	<i>As per program</i>
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have ability of: <ul style="list-style-type: none"> ➤ <i>Understanding of leadership qualities (specifically in women).</i> ➤ <i>Understanding of work culture and motivation.</i> ➤ <i>Realization of self-potentials in organizational fields.</i>
6	Credit Value	01 Credit <i>(Credit = 30 Hrs for Practices/ Field work)</i>
7	Total Marks	Max. Marks: 50 Min Passing Marks: 20

PART -B: Content of the Course

Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)

Module	Topics (ANY ONE)	No. of Period
1	A study of women leaders in organizations through the use of secondary data (website, online interviews, newspaper articles etc.) Women leaders of organizations such as Biba, Cremica etc. may be done. Themes like traits of women leaders, work-life balance etc. is quite interesting to be discussed in class.	30
2	Experiential activities/ workshops for skill building. a. Team building: Walking as a team with balloons in between without touching the balloon, ensuring that the balloon doesn't fall off. The group is lead to do some physical tasks without letting the balloon fall. b. Leadership emergence: With a group of participants standing on the bed-sheet, asking them to flip the bed sheet upside down, without anyone's foot touching the floor.	
3	Case study of an organization- A group wise visit to an organization multiple times, interviewing employees (related to one or the other aspects of organizational functioning), collating the data, analyzing it. Data from observation as well as records of the organization may be studied.	
4	Self-reflection exercises on the relevance of motivation and emotion referring to One's personal goals.	

Keywords *Women Leaders, Websites, Team Building, Work-Life Balance, Leadership Emergence*

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended –

1. Aamodt, M. G. (2016). *Industrial/Organizational psychology: An applied approach*. Boston: Cengage Learning.
2. Muchinsky, P. M., & Culbertson, S. S. (2016). *Psychology applied to work*. Summerfield, NC: Hypergraphic Press.
3. Pareek, U., & Gupta, R. K. (2010). *Organizational behaviour*. New Delhi: Tata McGraw Hill.
- Sinha, J. B. P. (2008). *Culture and organizational behavior*. New Delhi, India: Sage Publications.

Online Resources–

e-Resources / e-books and e-learning portals

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- <https://ndl.iitkgp.ac.in/homestudy/humanities>

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e-Resources / e-books and e-learning portals

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- youtube

Part - D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks:	50 Marks
Continuous Internal Assessment (CIA):	15 Marks
End Semester Exam (ESE):	35 Marks

Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- 05	
	Total Marks - 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)-20	
	B. Spotting based on tools & technology (written) (Presentation)– 10	
	C. Viva-voce (based on principle/technology) - 05	
	Total Marks-	35

Name and Signature of Convener & Members of CBoS:

Shukla
Pratibha Shukla
Convener
(Ushakiran)

Dasgupta
Lalita Dasgupta

Dasgupta - Dr Radhika Shekhar Dasgupta
Panch - Jayshree Panchangam
Mishra - Alka Kerketta
Bano - Priya Biswas
Chandhyanam Thakur

Dr. A. Deouskar

Dr. B. Harad

Dr. B. K. Sen

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester -VIII	
Session:2024-2025			
1	Course Code	PSSE- 12T	
2	Course Title	Fundamentals of Clinical Psychology II	
3	Course Type	Discipline Elective Course (DSE)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have ability of: > Working knowledge and understanding of the major psychological disorders > Critically review their signs and symptoms (Bipolar, Depressive Disorders, Schizophrenia and Neurodevelopmental Disorders). > Developing a basic knowledge of the various treatments for abnormal behavior	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40

PART -B: Content of the Course		
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)		
Unit	Topics (Course contents)	No. of Period
I	Bipolar, and Depressive Disorders: Clinical Picture and Etiology 1.1. Bipolar-I and Bipolar-II Disorders 1.2. Major Depressive Disorder	12
II	Schizophrenia: Clinical Picture and Etiology 2.1 Schizophrenia: Nature and Symptoms 2.2 Causes and Types 2.3 Treatment	11
III	Neurodevelopmental Disorders: Clinical Picture and Etiology 3.1 Intellectual Disability 3.2 Autism Spectrum Disorder 3.3 Attention Deficit/Hyperactivity Disorder	11
IV	Treatment of Abnormal Behavior: 4.1 Biological Approaches 4.2. Psychological Approaches: Behavioral, Cognitive, Humanistic and Psychoanalytic, 4.3 Indian Approaches: Guru-Chela relationship and Logo therapy: Vedantic	11

Page | 102

	Approach	
Keywords	<i>Bipolar, Depressive Disorder, Schizophrenia, Neuro Development Disorder, Abnormal Behavior.</i>	

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended –

1. Butcher, J.N., Hooly, J. M, Mineka, S. & Dwivedi, C.B (2017). *Abnormal Psychology*. New Delhi: Pearson.
2. Comer, R. J. (2015). *Abnormal psychology*. New York: Worth publishers.
3. *Diagnostic and Statistical Manual of Mental Disorders*. (2013). Washington, D.C.
4. Nevid, J., Rathus, S., & Greene, B. (2014). *Abnormal psychology in a changing world*. Upper Saddle River, NJ: Pearson Prentice Hall.
5. *The ICD-10 Classification of Mental and Behavioural Disorders*. (1992). Geneva

Online Resources–

e-Resources / e-books and e-learning portals

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- <https://epgp.inflibnet.ac.in/Home>
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- Swayam Central
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Part - D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks:	100 Marks
Continuous Internal Assessment (CIA):	30 Marks
End Semester Exam (ESE):	70 Marks

Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
	Assignment / Seminar - 10	
	Total Marks - 30	
End Semester Exam (ESE):	Two section – A & B	
	Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks	
	Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks	
	Total Marks =70	

Name and Signature of Convener & Members of CBoS:



 (Signature)

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction		
Program: Bachelor in Arts (Honors/Honors with Research)		Semester - VIII
Session:2024-2025		
1	Course Code	PSSE- 12P
2	Course Title	Lab Course -12 (Activity)
3	Course Type	Laboratory Course
4	Pre-requisite(if, any)	As per program
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have : ➤ Skills on case recording and analysis ➤ Assessment skills ➤ Insight development on mental health
6	Credit Value	01 Credit (Credit = 30 Hrs for Practices/ Field work)
7	Total Marks	Max. Marks: 50 Min Passing Marks: 20
PART -B: Content of the Course		
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)		
Module	Topics (ANYONE)	No. of Period
1	Making use of you-tube videos to help understand various disorders and their symptoms.	30
2	Clinical case analysis with use of secondary data including movies (signs, symptoms, etiology)	
3	Interview of cases from the above list of disorders (mental status examination and case history)	
4	Clinical assessment using 16PF, MMPI, Beck Cognitive Inventory etc.	
5	Students develop a mental health awareness program for a common disorder prevalent in that community for e.g depression and anxiety. For instance, the agenda of one such campaign could be to spread awareness, bust myths and instill sensitivity in the community on mental health, mental illness, suicide, and suicide prevention. The awareness program may be a week long and may consist of movie screening, interactive sessions, mental health awareness walk - street plays, group discussions, workshops and other simple fun activities such as "Pop the stress & Create Joy" where participants may write the major stressors of their lives on a balloon and burst the balloon, as a symbol of destroying that stress.	
Keywords	<i>You-Tube Videos, Clinical Case Analysis, Secondary Data, MSE, 16PF, MMPI, Beck Cognitive Inventory</i>	

Shukla

(Anand Bhatnagar)

Aashu Arora
Accounting

Pamh
Arora

Tomris

AMMA

my

[Signature]

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended -

Online Resources-

- e-Resources / e-books and e-learning portals
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Suggested Continuous Evaluation Methods:

Maximum Marks:	50 Marks
Continuous Internal Assessment (CIA):	15 Marks
End Semester Exam (ESE):	35 Marks

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Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance-	05	
	Total Marks -	15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment		
	A. Performed the Task based on lab. Work (Activity Report Submission)-	20	
	B. Spotting based on tools & technology (written) (Presentation)-	10	
	C. Viva-voce (based on principle/technology) -	05	
	Total Marks-	35	

Name and Signature of Convener & Members of CBoS:

Shree
Arbhaut Singh

Arbhaut Singh
Arbhaut Singh

Arbhaut Singh
Arbhaut Singh

Dr. Rachita Shrivastava
Panch - Smt. Jayshree Panch
Arbhaut - Alka Kerketta
Arbhaut - Dr. P. B. Bhowmik

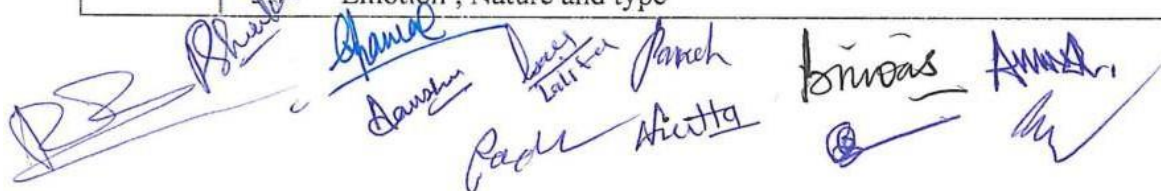
Arbhaut - Chandra Shekhar Tripathi
Arbhaut - Dr. A. Deouskar

Arbhaut

Arbhaut

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts <i>(Certificate/Diploma/Degree/Honors)</i>		Semester-I	Session:2024-2025
1	Course Code	PSGE-01T	
2	Course Title	Introduction to Psychology	
3	Course Type	<i>Generic Elective</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes(CLO)	<p><i>After the completion of course, the students will have ability to:</i></p> <ul style="list-style-type: none"> ➤ <i>Learning what psychology is all about.</i> ➤ <i>Appreciation of the scope and the field of psychology.</i> ➤ <i>Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, thinking, emotion, motivation and human biological system including brain</i> ➤ <i>Developing familiarity with individual level phenomenon such as intelligence, and personality.</i> 	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning & Observation</i>
7	Total Marks	Max.Marks:100	Min Passing Marks:40
PART-B: Content of the Course			
Total No. of Learning-Training (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics (Course contents)		No. of Period
I	<p>Introduction:</p> <p>1.5 Nature of Psychology: Definition, Fields of Psychology, Introduction to schools of modern psychology</p> <p>1.6 Psychology in India: History and current status</p> <p>1.7 Methods of psychology: Introspection, Observation, Experiment and Interview</p> <p>1.8 Biological basis of human behavior: Nervous System and Glands</p>		12
II	<p>Learning, Memory and Perception</p> <p>2.1 Learning: Classical conditioning, instrumental learning, Observational learning (socio-cognitive learning);</p> <p>2.2 Memory: Models of memory: Information processing model (Sensory register, STM, LTM and concept of working memory)</p> <p>2.3 Reconstructive nature of memory; Forgetting, Nature and interfering theory</p>		11
III	<p>Motivation & Emotion</p> <p>3.5 Approaches to understand Motivation; Maslow and Arousal theory</p> <p>3.6 Types of Motives (Biological and Social)</p> <p>3.7 Emotion ; Nature and type</p>		11



	3.8 Emotional Intelligence and Gender	
IV	Individual differences: Personality and Intelligence 4.3 Nature of Personality and Intelligence 4.4 Personality: Theories Nature concept, Big Five Personality Traits 4.3 Intelligence: Theories (Spearman, Thurston)	11
Keywords	<i>Nervous system ,Motivation, Emotion, Learning, Memory ,Perception, Emotional Intelligence, Personality ,Intelligence</i>	

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

11. Mangal, S.K. (2016), General Psychology first edition, Sterling
12. Shrivastav , D.N. (2012), General Psychology first edition, Agrawal Publications , Sanjay Nagar, Agra
13. Shrivastav , D.N. and Verma Preeti (2018-19), Adhunik Samanya Manovigyan, Agrawal Publications , Sanjay Nagar, Agra
14. Singh , A.K. (2015-16), Adhunik Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
15. Singh , A.K. (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
16. Ajimurahmaan (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
17. Baron, R.& Misra. G.(2014) *Introduction to Psychology*. New Delhi: Pearson
18. Ciccarelli,S.K.&White,J.N.&Misra,G.(2018).*Psychology*.NewDelhi:Pearson Education.
19. Morgan, CT.,King, R., Weisz,J.& Schopler,J.(2017).*Introduction to Psychology*(7thEd). McGraw Hills.
20. Panel Gullybabacom, General Psychology, Gullybaba Publishing House Pvt. Ltd

Reference Books Recommended

1. Holt,N.,Bremner,A.,Sutherland,E.,Vliek,M.andPasser,M.,&Smith,R.(2015). Psychology: The Science of Mind and Behaviour. London: Tata McGraw-Hill
2. Banyard, P., Davies , M. N.O., Norman, C. & Winder, B. (Eds.) (2010).Essential psychology. New Delhi: SAGE Publications

Online Resources–

e-Resources/e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- youtube

Online Resources–

e-Resources/e-books and e-learning portals

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>



Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks:	100 Marks	
Continuous Internal Assessment (CIA):	30 Marks	
End Semester Exam (ESE):	70 Marks	
Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Shilpa Babhrawati Shukla Name and Signature of Convener & Members of CBoS:

Shilpa Babhrawati Shukla
(Convener)

Arushi Aravind
(Member)

Pooja
(Member)

Pooja
(Member)

Arushi
(Member)

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts <i>(Certificate/Diploma/Degree/Honors)</i>		Semester- I	Session:2024-2025
1	Course Code	PSGE-01P	
2	Course Title	Lab Course -1 (Experiment &Activity)	
3	Course Type	Generic Elective (Laboratory Course)	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> ➤ <i>Concept clarification</i> ➤ <i>Applicability of skill development</i> ➤ <i>Develop analytical thinking</i> 	
6	Credit Value	01 Credit	<i>Credit =30 Hours Laboratory or Field learning/Training</i>
7	Total Marks	Max.Marks:50	Min Passing Marks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Experiment	Topics		No. of Period
1	Effect of set on Perception		30
2	Learning Curve/ Serial Position Curve		
3	Short Term Memory		
4	Retroactive Inhibition		
Activity	<p>The rumor chain game is a very simple illustration of the reconstructive nature of long-term memory and the role of schemas (e.g. gender role expectations and prejudices) in this process. a story that is short enough to allow retelling several times in class, but detailed enough that students are unlikely to remember all aspects of it. Send a few participants out of the room. The student reads aloud a short story to the one participant in the room. She is required to repeat the story to the new participant who is brought about. This newcomer will repeat it to the next participant who is invited to the room and so on. This continues until the last student who hears the story repeats it to the class. The student observes how the story has under gone change and the reconstructive nature of memory.</p>		
Keywords	<i>Rumor Chain, Perception, Learning, Memory, Retroactive Inhibition</i>		

Bhushan
Anurag
Aashu
Pankaj
Rishi
Arjun
Anshu
Anshu




PART-C		
Learning Resources: Text Books, Reference Books and Others		
Text Books Recommended		
3. Shrivastav, D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan, Agrawal Publications, Sanjay Nagar, Agra		
4. Woodworth, R.S. & Schlosberg, H. (1954). Experimental Psychology Oxford & IBH Publishing company Pvt. Ltd., New Delhi		
Online Resources- e-Resources/e-books and e-learning portals		
➤ Swayam Central https://swayam.gov.in		
➤ youtube		
Online Resources- e-Resources/e-books and e-learning portals		
➤ https://egyankosh.ac.in/		
➤ https://epgp.inflibnet.ac.in/Home		
➤ https://ndl.iitkgp.ac.in/homestudy/humanities		
Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 50 Marks		
Continuous Internal Assessment (CIA): 15 Marks		
End Semester Exam (ESE): 35 Marks		
Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2): 10 & 10 Assignment/Seminar + Attendance - 05 Total Marks- 15	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment A. Performed the Task based on lab. Work (Conduction of Experiment)- 20 B. Spotting based on tools & technology (written) (Report writing)- 10 C. Viva-voce (based on principle/technology) - 05 Total Marks- 35	

Name and Signature of Convener & Members of CBoS:

Shubla Prabhavati Shukla
Convener

Aruna Bani
Member

Rachita Shrivastava
Member

Jayshree Panchangam
Member

Alka Kerketta
Member

Dipti Biswas
Member

Chandniyay Thakur
Member

A. B. Hara
Member

(An B. L. Sen)
Member

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester– II	Session:2024-2025
1	Course Code	PSGE-02T	
2	Course Title	Psychology of Disorders	
3	Course Type	Generic Elective	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will have ability to: ➤ Establish the criteria of Normality and Abnormality. ➤ Learns about the Models of Psychopathology. ➤ Get equipped with Assessment of Psychopathology. ➤ Acquire the general idea of Anxiety Disorders and Obesity. ➤ Know the facts about Mood Disorders, & Personality Disorders.	
6	Credit Value	03 Credit	(Credit=15Hours-learning&Observation)
7	Total Marks	Max.Marks:100	Min Passing Marks:40
PART-B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics(Course contents)		No. of Period
I	Psychopathology 1.4 The concept and criterion of Normality and Abnormality 1.5 Models of Psychopathology; Psychodynamic, Behavioral and Cognitive		12
II	Assessment of Psychopathology 2.1 Diagnostic Test ; Intelligence Test 2.2 Personality Test; MMPI and EPI		11
III	Anxiety 3.1Anxiety Disorders ; 3.2 Panic Disorders; 3.3 Phobia-; 3.4 Obsessive-Compulsive Disorder (OCD) ; (NATURE,CAUSES ,SYMPTOMS AND TREATMENT)		11
IV	Mood and Personality Disorders 4.2 Depression, Manic Depressive Episode 4.2 Schizoid Personality Disorder and Paranoid Personality Disorder		11
Keywords	Normality, Abnormality, Diagnosis, Anxiety Disorder, Mood disorder and Personality disorder		

PART-C**Learning Resources: Text Books, Reference Books and Others****Text Books Recommended**

7. Mangal, S.K. (2020), Abnormal Psychology, Sterling Publishers Pvt. Ltd
8. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y.
9. Bennett, P.(2011), Abnormal and Clinical Psychology, An Introductory textbook, McGraw-Hill
10. G. Sarason Irwin & R. Sarason Barbara,(2017) Abnormal Psychology, Pearson Education
11. Singh, L. & Tiwari, G. (2020) – Asamanya Manovigyan, Agara Vinod Pustak, Bhandar.
12. Singh, A.K. (2016)–Aadhunik Asamanya Manovigyan. Motilal Banarsidas , Delhi

Reference Books Recommended

1. Buss, A.H. (1999) – Psychopathology N.Y .John Wilcy
2. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson

Online Resources–**e-Resources/e-books and e-learning portals**

- Swayam Central
<https://swayam.gov.in>
- Youtube

Online Resources–**e-Resources/e-books and e-learning portals**

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:**

Maximum Marks: 100 Marks

Continuous Internal Assessment (CIA): 30 Marks

End Semester Exam (ESE): 70 Marks

Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
	Assignment / Seminar - 10	
	Total Marks - 30	
End Semester Exam (ESE):	Two section – A & B	
	Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks	
	Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks	

Name and Signature of Convener & Members of CBoS:

Shubra Prabhakar Shukla
Convener

Arun Kumar
Member

Ravi
Member

Arjun
Member

Member

Member

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction		
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors))		Semester– II
Session:2024-2025		
1	Course Code	PSGE-02P
2	Course Title	Lab Course -2 (Psychological Testing)
3	Course Type	Generic Elective (Laboratory Course)
4	Pre-requisite(if, any)	As per program
5	Course Learning Outcomes(CLO)	After the completion of course, the students will develop : ➤ Assessment Ability ➤ Understanding of Psychological Test
6	Credit Value	01 Credit (Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50 MinPassingMarks:20
PART-B: Content of the Course		
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)		
Test	Topics(Course contents)	No. of Period
1	Anxiety Test	30
2	Big Five Personality test	
3	Depression Test	
4	Intelligence Test	
Keywords	<i>Assessment, Psychological Tests, Anxiety, Depression, Intelligence, Personality</i>	

PART-C
Learning Resources: Text Books, Reference Books and Others
Text Books Recommended
5. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y. 6. Buss, A.H. (1999) – Psychopathology N.Y. John Wilcy 7. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson 8. Shrivastav , D.N. and Verma Preeti (2014-15), Adhunik Prayogtmak Manovigyan Agrawal Publications , Sanjay Nagar, Agra
Online Resources–
e-Resources/e-books and e-learning portals
Swayam Central ➤ https://swayam.gov.in ➤ https://egyankosh.ac.in/handle/123456789/4448

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Online Resources—**e-Resources/e-books and e-learning portals**

- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:****Maximum Marks: 50 Marks****Continuous Internal Assessment (CIA): 15 Marks****End Semester Exam (ESE): 35 Marks**

Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test/ Quiz-(2): 10 & 10 Assignment/Seminar +Attendance - 05 Total Marks - 15	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment A. Performed the Task based on lab. Work (Conduction of Test)- 20 B. Spotting based on tools & technology (written) (Report writing)- 10 C. Viva-voce (based on principle/technology) - 05 Total Marks- 35	

Name and Signature of Convener & Members of CBoS:

Dr. Shubla
Prabhavati Shukla

Pranav
Wankar

Aruna
Awarthi

Local
Leitel

Ruchi - Dr. Ruchi Shekhar

Panch - Jayshree Panchangem

Arzetta - Alka Kerketta

Amrta - Tripti Biswas

Dr. - Chansheela Tripathi

Dr. A. Desai

Dr. B. Hanra

Dr. B. K. Sankar

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction		
Program: Bachelor in Arts <i>(Certificate/Diploma/Degree/Honors)</i>		Semester- I/III/V
Session:2024-2025		
1	Course Code	PSVAC- 01
2	Course Title	Stress Management
3	Course Type	Value Added Course
4	Pre-requisite(if, any)	<i>As per program</i>
5	Course Learning Outcomes(CLO)	After the completion of course, the students will have ability to: > Learn the concept and causes of stress. > Understand the various techniques of stress management.
6	Credit Value	02 Credit <i>Credit = 15 Hours - learning & Observation</i>
7	Total Marks	Max.Marks:50 MinPassingMarks:20
PART-B: Content of the Course		
Total No. of Teaching-learning Periods (01 Hr. per period) - 30 Periods (30 Hours)		
Unit	Topics (Course contents)	No. of Period
I	Stress: 1.1 Stress: Concept, Symptoms and 1.2 Sources of Stress (Physical, Emotional, Family& Relationship, Financial, Psychological, Work & Workplace Stress and Daily Hassles)	08
II	Stress and Health: 2.1 Stress and Health: Factors that influence Stress 2.2 Reaction to Stress 2.3 Effects of Stress on Health	07
III	Managing Stress: 3.1 Managing Stress: Yoga and Meditations 3.2 Relaxation Training and Biofeedback.	08
IV	Stress and Coping: 4.1 Effective Coping (Meditation , Yoga, Breathing Exercise, Sleep Routine and Nutritional Diet) 4.2 Ineffective Coping (Addiction , Self- Harm and Negative Self- Talks)	07
Keywords	<i>Stress, Symptoms, Sources, Yoga, Meditation Relaxation, Addiction, Negative Self- Talk</i>	

Signature of Convener &Members (CBoS):

PART-C
Learning Resources: Text Books, Reference Books and Others
Text Books Recommended
1) An Introduction to Stress Benjamin B. Lahey.
2). Psychology and work today Duane Schultz. Sydney Ellen Schultz.
3.) Carr A. (2004). Positive Psychology: The science of happiness and human strength. UK: Routledge.
4. DiMatteo, M.R. and Martin, L.R. (2002). Health Psychology. New Delhi: Pearson.

Shukla
Amal Kumar
Ayush
Arora
Pankh
Rachh Mittal
Arora
Dr. Bhasin

Online Resources–

- e-Resources/e-books and e-learning portals
- <https://www.investopedia.com/terms/s/swot.asp>
- <https://www.medicalnewstoday.com/articles/eustress-vs-distress#influential-factors>
- <https://epgp.inflibnet.ac.in/Home/ViewSubject?catid=lkr76qw2h+vltP6ZdaFVbg>

Online Resources–**e-Resources/e-books and e-learning portals**

- Swayam Central
<https://swayam.gov.in>
- youtube

Part-D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:****Maximum Marks: 50 Marks****Continuous Internal Assessment (CIA): 15 Marks****End Semester Exam (ESE): 35 Marks**

Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2): 10 & 10	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 15 Marks
	Assignment/Seminar + Attendance - 05 Total Marks - 15	
End Semester Exam (ESE):	Two section – A & B	
	Section A: Q1. Objective – 5 x1= 05 Mark; Q2. Short answer type- 5x2 =10Marks	
	Section B: Descriptive answer type qts., 1 out of 2 from each unit- 4x05 =20 Marks	
	Total Marks = 35	

Name and Signature of Convener & Members of CBoS:

Shubha Babhant
Shubha Babhant

Anushi
Anushi

Base Lalita

Dr. B. Hara

(Dr. B. K. Samal)

Devi

Panch-Jayshree Panchangam

Azeta-Alka Kesketta

bnis - - - Tripti Biswas

Chanshyam Thakur

Dr. A. Deoukar

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction		
Program: Bachelor in Arts (Certificate / Diploma / Degree/Honors)		Semester-II/IV
Session:2024-2025		
1	Course Code	PSSEC- 01
2	Course Title	Statistical Package for Science & Social Science (EXCEL, SPSS)
3	Course Type	Skill Enhancement Course
4	Pre-requisite(if, any)	As per program
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have ability of: ➤ Basic understanding of statistics ➤ Skills on statistical calculation and analysis through soft wares
6	Credit Value	02 Credit Credit = 15 Hours - learning & Observation
7	Total Marks	Max. Marks: 50 Min Passing Marks: 20
PART -B: Content of the Course		
Total No. of Teaching-learning Periods (01 Hr. per period) - 30 Periods (30 Hours)		
Module / Unit	Topics (Course contents)	No. of Period
I	1.1 Nature and characteristics of a computer 1.2 Types of computer	08
II	2.1 What is Google form 2.2 How to create Google form, 2.3 Characteristics and functions of Google form.	07
III	3.1 Functions of Excel, and SPSS., 3.2 Data Entry in Excel & SPSS, 3.3 Central Tendencies & Variability	08
IV	4. 1 What is Diagrammatic Representation of data. 4.2 Diagrammatic Representation of Data through Excel and SPSS 4.3 Power Point Presentation of Data	07
Keywords	Computer , Statistics, Google form ,Excel, SPSS Central tendency, Diagrammatic representation	

Shubha
Anurag
Anand *Deep*

Dr. B. K. Singh

(Dr. B. K. Singh)

Panch - Jaysankar Panchangam

Arutta
Annoas
Anand

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended –

1. Prasad, L.& Mishra, P.(2022) Data Analysis Using SPSS: Text and Cases, for Researchers, Teachers and Students, Nirali Prakashan
2. Field, A.(2019) Discovering Statistics using IBM SPSS Statistics, SAGE Publications India Pvt Ltd
3. Davis, C. (2013) SPSS step by step: Essentials for social and political science, Bristol University Press,
4. Ghosh, M. (2023) Business Statistics Using Excel, SPSS, and R., Cengage Learning India Pvt. Ltd.

Online Resources–

e-Resources / e-books and e-learning portals

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Online Resources–

e-Resources / e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- youtube

Part - D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks:	50 Marks
Continuous Internal Assessment (CIA):	15 Marks
End Semester Exam (ESE):	35 Marks

Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2): 10 & 10 Assignment/Seminar +Attendance - 05 Total Marks - 15	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 15Marks
End Semester Exam (ESE):	Two section – A & B Section A: Google Form Creation - 10 Marks Section B: Data Entry in Excel &PPT Presentation - 10 Marks Viva - 15 Marks Total Marks- 35 Marks	

Name and Signature of Convener & Members of CBoS:

Shikha
Rabinvati Singh
Convener
(Chairman)

Dr. A. Deoskar

Dr. Archita
Awantika
Member
Liaison

Dr. Barkha

Dr. B. K. Sankar

Pankaj - Dr. Panchita Shrivastava
Sayshree Panchangam
Archita - Alka Kerketta
Omori - Nipti Patil
Chandhyan Thakur